



FRAC: Afterschool Nutrition Programs

Model Program

Boys and Girls Club Serves Snacks through CACFP

Boys and Girls Club of Tampa Bay, FL

Overview

- The Boys and Girls Club of Tampa Bay in Florida provides snacks to approximately 1,200 children each day after school at 11 sites through CACFP.
- All the sites are located in low-income areas, which means the Club receives the highest rate of reimbursement without having to individually qualify the children.

Process for Meal Service

- The Club purchases snacks from a private vendor that delivers them to the afterschool programs.
- Snacks include items such as juice, string cheese, peaches, pears, and applesauce.
- All of the sites have refrigeration to store the food.
- The sites provide nutrition education using materials and activities they receive from both the Boys and Girls Club of America and the Department of Child Care and Nutrition Services.

Funding and Costs

- The snack reimbursement covers the Club's food costs.
- The paperwork is not difficult compared to other grants that the Club manages, especially considering the amount of funding CACFP provides.
- The state Department of Child Care and Nutrition Services, which administers CACFP in Florida, is extremely helpful and responsive, which helps make participation easier.

Response to Program

- The children love the snacks.
- Many eat lunch in school as early as 11:00 am. If the Club did not provide snacks, the children could go for six to seven hours without any food.
- The snacks ensure that the children's stomachs are not growling, which allows the children to focus and enjoy the activities provided by the Club.

For more information, contact: Paula Kay, Boys and Girls Club of Tampa Bay, (813) 875-5771 ext. 3008