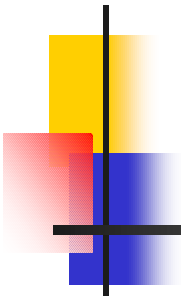


The Child and Adult Care Food Program



A Federal Resource for
Feeding Homeless
Children



The Child and Adult Care Food Program

- The Child and Adult Care Food Program provides additional resources for feeding children in child care, afterschool programs and now in homeless and domestic violence shelters.
- The program provides reimbursements for food and meal preparation, as well as training in the nutritional needs of children.



Child and Adult Care Food Program: Homeless Shelter Option

Eligible Emergency Shelters
include:

- Homeless Shelters
- Domestic Violence Shelters
- Family Shelters
- Some Transitional Housing



Child and Adult Care Food Program: Homeless Shelter Option

Eligible Children:

- Children residing in the shelter
- Children age 12 and younger
- Children from migrant families age 15 and younger
- Children of any age with disabilities



Child and Adult Care Food Program: Homeless Shelter Option

- Families do not have to prove their income or fill out any applications for children to participate in CACFP.
- A shelter will receive the full reimbursement for meals and snacks served to children (meeting the age requirement) residing in the shelter.



Meal and Snack Reimbursements

- For each child served, shelters can receive food program reimbursement for up to three meals or two meals and one snack or two snacks and one meal each day.
- Shelters can also receive commodities or a "cash-in-lieu of commodities" reimbursement for lunches or suppers.
- To be reimbursed, meals and snacks must be served in a congregate setting.



Meal and Snack Reimbursements

- Breakfast: \$1.15
- Lunch & Supper: \$2.09/\$2.24*
- Snacks: 57¢

*The “cash-in-lieu of commodities” reimbursement for lunch or supper is 15¢ which brings the total lunch or supper reimbursement to \$2.24.



Annual Reimbursements

- Shelters serving meals and snacks to 20 children each day could be eligible to receive up to \$30,000 a year in reimbursements.

(Based on serving three meals a day on the weekends (\$5.44 per child each day) and two meals and one snack (\$3.83 per child each day) on the weekdays.)



USDA Meal Pattern: Breakfast

Components	Quantity (Serving Size)*
Fluid Milk Vegetable and/or fruit or full-strength fruit or vegetable juice Bread or cereal or rice or pasta	1 cup ½ cup 1 slice or ¾ cup

*Serving sizes shown are for children 6 through 12.



USDA Meal Pattern: Supplement/Snack

Components: Select two food items from any two of four components	Quantity (Serving Size)*
Fluid milk Vegetable and/or fruit or full-strength fruit or vegetable juice Bread or cereal or rice or pasta Meat and meat alternatives: Lean meat or poultry or fish or Cheese or Eggs or Cooked dry beans or peas or Peanut butter or Yogurt	1 cup ¾ cup 1 slice or ½ cup 1 ounce 1 ounce 1 egg ¼ cup 2 Tablespoons 4 ounces

*Serving sizes shown are for children ages 6 through 12.



USDA Meal Pattern: Lunch or Supper

Components	Quantity (Serving Size) *
Fluid Milk Vegetable and/or fruit or full-strength fruit or vegetable juice (two different vegetables and/or fruits to equal $\frac{3}{4}$ cup) Bread or cereal or rice or pasta Meat and Meat Alternatives: Lean meat or poultry or fish or cheese or Eggs or Cooked dry beans or peas or Peanut butter	1 cup $\frac{3}{4}$ cup 1 slice or $\frac{3}{4}$ cup 2 ounces 1 egg $\frac{1}{2}$ cup 4 Tablespoons

*Serving sizes shown are for children 6 through 12.



Sample Menu 1: Traditional

MEAL	SERVING SIZES FOR CHILDREN AGES 6 THROUGH 12
Breakfast Whole or low-fat milk Orange juice Wheat flakes	1 cup ½ cup ¾ cup
Supplement (Snack) Whole or low-fat milk ½ sandwich: peanut butter wheat bread	1 cup 2 Tablespoons 1 slice
Lunch or Supper Whole or low-fat milk Spaghetti with: meatballs tomato sauce Banana	1 cup ½ cup 2 ounces ½ cup 1/2



Sample Menu 2: Hispanic American

MEAL	SERVING SIZES FOR CHILDREN AGES 6 THROUGH 12
<p>Breakfast Whole or low-fat milk Apple juice Tortilla, 6" diameter with: Beans with salsa, or Eggs, or Cheese</p>	<p>1 cup ½ cup 1 ½ cup 1 egg 2 ounces</p>
<p>Supplement (Snack) Whole or low-fat milk Banana</p>	<p>1 cup 1</p>
<p>Lunch or Supper Whole or low-fat milk Meat tostada: Tostada shell, 6" diameter Beef and cheese Lettuce and tomato</p>	<p>1 cup 1 2 ounces ¾ cup</p>

Child and Adult Care Food Program:

The New Homeless Shelter Option

- Record Keeping Should be Kept to a Minimum!

- Requirements Include:
 - a daily roster of children receiving meals,
 - total meal counts by type, and
 - menus for the meals and snacks served to children.

Child and Adult Care Food Program:

The New Homeless Shelter Option

- To apply for the program contact your State Child and Adult Care Food Program agency, which is usually located in the Department of Education.