

# California's Child Care Strategic Assessment Recommendations from the Advisory Group

## **Strengthening the Child and Adult Care Food Program (CACFP)**

- California Standards for an Improved Meal Pattern
- Modification of the USDA CACFP Meal Pattern
- Streamlined CACFP Compliance Requirements to Increase Agency Participation
- A Collaborative CACFP Marketing Plan
- Evaluation of Nutrition and Physical Activity Education during CACFP Monitoring Visits
- Required CACFP Participation for State Funded Child Care Providers

## **Child Care Program Nutrition and Physical Activity Requirements**

- Inclusion of Nutrition and Physical Activity into Child Care Licensure
- Required Nutrition-Related Training for Initial Child Care Licensure
- Integrating Nutrition into Training to Maintain Child Care Licensure
- Alignment of Child Care Related Nutrition and Physical Activity standards
- Reporting of Key Nutrition and Physical Activity Outcomes for Child Care

## **Consistent Messaging Related to Nutrition and Physical Activity**

- State Agency Collaboration on Messaging
- Nutrition Foundations for Preschool
- Inclusion of Nutrition-Related Criteria for Child Care Ratings

## **Expanded Nutrition Training for Child Care Programs:**

- Strengthening Nutrition and Physical Activity in Community College Child Care Curricula
- Integration of Nutrition and Physical Activity into Continuing Education for Providers
- Integration of Nutrition and Related Topics into Parent and Caregiver Education

### **For More Information, Please Contact:**

**Phyllis Bramson-Paul, M.P.P.A.**  
Assistant Superintendent of Public Instruction  
and Director of Nutrition Services  
Nutrition Services Division  
California Department of Education  
[pbramson@cde.ca.gov](mailto:pbramson@cde.ca.gov)

**Lisa S. Hershey, M.P.H.**  
Chief  
Coordinating Office for Obesity Prevention  
California Department of Public Health  
[Lisa.Hershey@cdph.ca.gov](mailto:Lisa.Hershey@cdph.ca.gov)