

Food Hardship in America - 2010

Data for the Nation, States, 100 MSAs, and Every Congressional District

Food Research and Action Center | March 2011

Executive Summary

This report provides a unique analysis of the continuing struggles of tens of millions of American households to afford adequate food, with the analysis drilling down to regions, states, metropolitan statistical areas and congressional district data. What it shows is that in 2010 the wave of food hardship that crested in late 2008 was still very high and is receding with a slowness that has terrible consequences for America's people. Food hardship is defined as answering "yes" to the question posed by the Gallup organization to hundreds of thousands of people: "Have there been times in the past twelve months when you did not have enough money to buy food that you or your family needed?"

Our analysis of the data (collected by the Gallup-Healthways Well-Being Index) shows:

- **National.** The annual rate of food hardship in 2010 was 18.0 percent, compared to 18.3 percent in 2009, 19.5 percent in the last quarter of 2008, and 16.3 percent in the first quarter of 2008. Rates were particularly high in the last few months of 2010, when some of the highest rates in the three year period were reached – the October 2010 rate of 19.3 percent had been exceeded only in November-December 2008.
- **Regional.** The variations in food hardship by region in 2010 were substantial. In the starkest difference, the rate in the Southeast (21.1 percent) and Southwest (20.8 percent) is one third higher than in the Northeast and Mid-Atlantic regions.
- **States.** In 21 states in 2010, one in five or more respondents answered the food hardship question in the affirmative; in 45 states, 15 percent or more answered the question "yes." The states with the highest rates were overwhelmingly from the Southeast, Southwest and West.
- **Metropolitan Statistical Areas.** Of the 100 largest MSAs in 2010, 40 saw 20 percent or more of respondents answer the question in the affirmative, and 85 saw 15 percent or more answer "yes."
- **Congressional Districts.** In 177 of the 436 congressional districts (including the District of Columbia), one fifth or more of all respondent households reported food hardship in the 2009-2010 period. 324 had a rate 15 percent or higher. Only 17 had fewer than one in ten respondents reporting food hardship.

The national data show that the struggle of tens of millions of American households to afford adequate food did not, by and large, get easier in 2010. While the nation's Great Recession technically ended in mid-2009 (measured by growth in the Gross Domestic Product), it has not yet ended for most of the nation's households. For them, 2010 was the third year of a recession that continues to have severe adverse impact on their well-being.

One key measure of this is the nation's "U-6" unemployment rate, which combines the familiar count of unemployed people with the count of "marginally attached workers" (e.g., discouraged workers) and those working part-time involuntarily (i.e. they want full-time work but can't find it). The U-6 rate in many months in 2010 was as high or higher than in 2009 and still much higher than in 2008. What this tells us is that there still are unprecedented numbers of Americans who are struggling with no wages or low wages.

Families' struggle to afford necessities follows closely on their employment status and wages – and the most basic necessity is food. The data in this report show that food hardship – the lack of money to buy food that families need – continued to be a serious national problem in 2010. It is a national problem in the sense that the rate for the nation stayed high. And it is a national problem in the sense that rates are high in virtually every region, state, Metropolitan Statistical Area, and congressional district.

The text below gives more detail on food hardship at every geographic level and describes the survey that produced these data. The report's appendix contains charts providing the data:

- for the nation, by month and by calendar quarter, throughout 2008, 2009, and 2010;
- for all regions in 2010;
- for all states in 2010;
- for the 100 largest Metropolitan Statistical Areas (MSAs) in 2010, alphabetically;
- for the 100 largest MSAs in 2010, by rank order of food hardship rate;
- for all congressional districts, alphabetically by state, for 2009-2010 combined; and
- for all congressional districts, in rank order by food hardship rate, for 2009-2010 combined.

Introduction

This report contains the Food Research and Action Center's (FRAC) analysis of survey data collected by Gallup through the end of 2010 as part of the Gallup-Healthways Well-Being Index ("Gallup-Healthways") and provided to FRAC. The report provides a unique, comprehensive and timely examination of the struggle that very large numbers of American households, in every part of the country, are having with affording enough food. It reports on food hardship data and trends through December 2010 for the nation, regions, states, Metropolitan Statistical Areas (MSAs), and congressional districts.

This is the second full analysis FRAC has made of these Gallup data. The first, with 2008-2009 data, was released in January 2010.**

Before Gallup-Healthways launched its survey in 2008, there had never been a food insecurity study with a sample size adequate to analyze food hardship data across the country at the MSA and congressional district levels, or to look at food hardship data in the states on a yearly basis. The ability to provide such localized and up-to-date data comes from Gallup's partnership with Healthways that is interviewing 1,000 households per day almost every day, year-round, and that has done so since January 2, 2008.

Respondents are asked a series of questions on a range of topics, including emotional health, physical health, healthy behavior, work environment and access to basic services. More than 352,000 people were surveyed in 2010. (Further technical notes on the sample size and methodology appear at the end of this report.)

The specific food hardship question that Gallup-Healthways has been posing is very similar to one of the questions asked by the federal government in its annual survey of food security. **Gallup-Healthways has been asking: "Have there been times in the past twelve months when you did not have enough money to buy food that you or your family needed?"** In the annual Census Bureau survey for the federal government (analyzed each year by the U.S. Department of Agriculture), households are asked to say whether "The food that we bought just didn't last and we didn't have money to get more," and then "Was that often, sometimes, or never true for you in the last 12 months?"^{††} This is one of a series of questions asked of households by the Census Bureau to measure what the government calls "food insecurity."

The similarity between the Gallup question and the Census Bureau/USDA question provides a basis for concluding that the two questions are measuring food insecurity in quite similar ways. And while the multiple Census Bureau/USDA questions allow for a more nuanced view of the depth of food insecurity and the particularity of families' struggles, the very large Gallup-Healthways sample allows a closer, more localized, and more timely look at the phenomenon.

Throughout this report we will refer to FRAC's results from the Gallup-Healthways survey as "food hardship" to avoid confusion with the Census Bureau/USDA study that produces "food insecurity" numbers, but the concepts are comparable.

** Since then, we have analyzed early 2010 national and state data. Previous FRAC analyses of Gallup data can be found at www.frac.org/reports-and-resources/food-hardship-data/

^{††} See Nord, Coleman-Jensen, Andrews, and Carlson, [Household Food Security in the United States, 2009](#).

I. Food Hardship in the Nation - What Happened in 2010

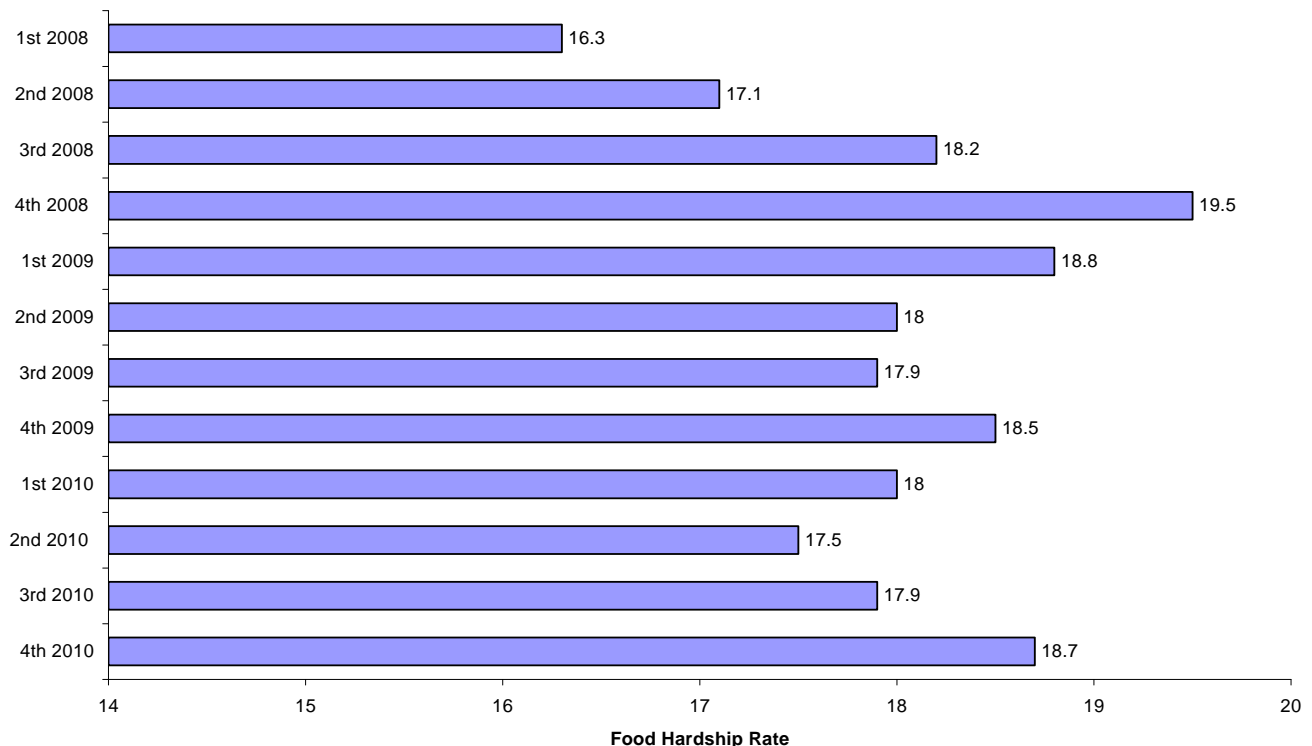
FRAC's analysis for the nation as a whole across all of 2010 shows that 18 percent of respondents in 2010 reported food hardship – down slightly from the 2009 level (18.3 percent).

In our prior report that examined monthly and quarterly data for 2008 and 2009, we reported a dramatic rise in food hardship during 2008 (from 16.3 percent in the first quarter to 19.5 percent in the fourth quarter) – a rise that tracked key developments in the economy, including rising unemployment rates and rising food prices throughout that year. Then, after late 2008, the food hardship rate flattened out and declined modestly in 2009. While the nation's economic crisis continued and unemployment rates kept climbing in 2009, several factors likely were responsible for keeping the food hardship rate from continuing to climb that year:

| National Food Hardship Rate 2008-2010 | |
|--|--------------------|
| Year | Food Hardship Rate |
| 2008 | 17.8 |
| 2009 | 18.3 |
| 2010 | 18.0 |

- Food prices stopped rising and fell back, to a degree.
- In October 2008, SNAP/Food Stamp beneficiaries received the annual inflation increase in maximum benefits, reflecting food price inflation through June 2008. Then, beginning in April 2009, SNAP/Food Stamp beneficiaries received a temporary increase in monthly benefits (13.6 percent to the maximum allotment) as part of the nation's economic recovery legislation. The recovery act also made other SNAP/Food Stamp improvements, as well as improvements in access to and benefit amounts in unemployment insurance, Temporary Assistance for Needy Families (TANF), jobs programs, health insurance and other supports for low-income people. From the first quarter to the third quarter in 2009, the food hardship rate dropped nearly a full point, even though the economy was not getting better.
- The recession made millions of people newly eligible for SNAP/Food Stamps. As a counter-cyclical entitlement program, SNAP/Food Stamps largely did what it should do – grow to meet the need. Participation rose in other nutrition programs as well, especially school meals. Not only was the result slightly less food hardship, but less poverty. In the autumn of 2010 when 2009 poverty data were released, the White House noted on a blog that far more people had been lifted out of poverty by SNAP in 2009 than in 2008.

National Food Hardship Rate by Quarter 2008-2010



While it was encouraging that the considerable growth in the food hardship rate in 2008 was followed by a modest decline in much of 2009, the bottom line was not comforting. The food hardship rate of 18.3 percent for 2009 as a whole, 18.5 percent for the fourth quarter of 2009, meant that nearly one in five U.S. households had been struggling with hunger and the inability to purchase needed food sometime over the prior year.

That brings us to 2010. In 2010 the economy as a whole grew, but growth was very unevenly distributed. What hasn't bounced back for tens of millions of people, of course, is employment, hours of work, wages and food security – the criteria important to most low- and moderate-income Americans.

While the official unemployment rate remains high, it falls short of capturing the full extent of job loss in the U.S. A better measure is the government's "U-6" index, which reflects a combination of traditional unemployment, involuntary part-time workers, and discouraged workers. The U-6 rate in 2010 was generally comparable to that in 2009 and much higher than in 2008. In late 2010 the rate was higher than earlier in the year – hovering around 17 percent.

We can see the impact of job losses, fewer hours of work and reduced wages in the food hardship data. The 2010 food hardship rate was, on average, comparable to that in 2009 for the year as a whole – 0.3 percentage points lower (18.0 percent as opposed to 18.3 percent). But the difference was very small, and in the second half of the year the typical month was slightly higher in 2010 than in 2009. The fourth quarter in 2010 had the highest national food hardship rate – 18.7 percent – since the first quarter of 2009.

Even with this large sample size, not too much can be made of small month-to-month differences. But what the 2010 food hardship data do tell us – as do the U-6 data and other economic indicators for typical low- and moderate-income families – is that the broad and deep pain of the recession continued in 2010. And a key part of that pain was nearly one in five households reporting an inability to afford adequate food at some point in the prior 12 months.

II. Food Hardship by Region

Looking at the rates of food hardship in the USDA Food and Nutrition Service's seven geographic regions, the hardest hit regions in 2010 were the Southeast and Southwest, and the regions with lower rates were the Northeast and Mid-Atlantic. This largely tracked the state and local rates, as will be seen in later sections, but the very large disparities still are quite startling. (To see which states are in each Food and Nutrition Service region, go to www.fns.usda.gov/fdd/contacts/fsnro-contacts.htm.)

| Region | Food Hardship Rate |
|-----------------|--------------------|
| Mid-Atlantic | 15.6 |
| Midwest | 16.5 |
| Mountain Plains | 16.3 |
| Northeast | 15.7 |
| Southeast | 21.1 |
| Southwest | 20.8 |
| Western | 18.4 |

III. Food Hardship in the States

In the Gallup-Healthways data for 2010, there was considerable variation from state to state around the country – the worst state's rate is nearly three times that of the state with the lowest rate – but the problem of not having money to purchase needed food was a problem of significant dimension in **every** state. **Twenty-one states had at least one in five respondents** (20 percent or more) answer that they did not have enough money to buy food at some point in the last 12 months. **Forty-five states overall, including the District of Columbia, had 15 percent or more** of respondents affirmatively answering this question. In no state did fewer than one in ten respondents answer the question affirmatively.

| Food Hardship Rate | Number of States (2010) |
|--------------------|-------------------------|
| 20% or higher | 21 |
| 15-19.9% | 24 |
| 10-14.9% | 6 |

20 States with the Highest Rates of Food Hardship, 2010

| State | Rate | State | Rate |
|----------------|------|---------------|------|
| Mississippi | 27.9 | West Virginia | 22.3 |
| Alabama | 25.2 | Oklahoma | 22.2 |
| Kentucky | 24.3 | Florida | 22.0 |
| South Carolina | 24.2 | New Mexico | 21.4 |
| Louisiana | 23.9 | Arizona | 20.8 |
| North Carolina | 23.5 | California | 20.5 |
| Arkansas | 23.5 | Oregon | 20.3 |
| Texas | 23.2 | Nevada | 20.3 |
| Tennessee | 22.8 | Indiana | 20.3 |
| Georgia | 22.7 | Idaho | 20.2 |

Mississippi was the state where people were most likely to say that there were times when they did not have enough money to buy food. Of the top 14 states, 13 were in the Southeast and Southwest. Of the next six, five were Western states.

Data for all 50 states and the District of Columbia are in the Appendix.

IV. Food Hardship in Metropolitan Areas

The Gallup-Healthways survey also gives an in-depth look at food hardship in the nation's Metropolitan Statistical Areas (MSAs). MSAs are Census Bureau-defined areas that include central cities plus the surrounding counties with strong economic and social ties to the central cities. FRAC looked at 2010 food hardship in the 100 MSAs with the largest number of respondents to the Gallup-Healthways survey.

Of those 100 largest MSAs, **40 had at least one in five respondents** answering that they did not have enough money to buy needed food at times in the last 12 months, and **85 of the 100 largest MSAs had 15 percent or more** of households affirmatively answering this question. Again, while there was variation around the country, the inability to purchase adequate food was a serious problem in virtually every MSA. In only three MSAs was it below 12.5 percent (one in eight respondents).

Despite the common impression that urban poverty and economic hardship are clustered in the Northeast and Midwest, most of the MSAs with the highest rates of food insecurity were in the Southeast and Southwest, plus California. Of the 25 MSAs with the worst rates, 4 were in California, 4 were in Florida, 3 in North Carolina, 2 in Oklahoma, 2 in Ohio and 2 in South Carolina. Eight states had one MSA each in the top 25, and most of them were in the Southeast and Southwest.

25 Metropolitan Statistical Areas (MSA) with the Highest Rates of Food Hardship, 2010

| MSA | Rate | Rank | MSA | Rate | Rank |
|--------------------------------------|------|------|--------------------------------------|------|------|
| Fresno, CA | 27.2 | 1 | Knoxville, TN | 22.2 | 14 |
| Riverside-San Bernardino-Ontario, CA | 26.2 | 2 | Greenville-Mauldin-Easley, SC | 22.1 | 15 |
| Winston-Salem, NC | 25.0 | 3 | Dayton, OH | 22.1 | 15 |
| Greensboro-High Point, NC | 24.9 | 4 | Houston-Sugar Land-Baytown, TX | 22.1 | 15 |
| Youngstown-Warren-Boardman, OH-PA | 24.8 | 5 | Lakeland-Winter Haven, FL | 21.7 | 18 |
| Tulsa, OK | 24.2 | 6 | Albuquerque, NM | 21.5 | 19 |
| Asheville, NC | 23.9 | 7 | Atlanta-Sandy Springs-Marietta, GA | 21.4 | 20 |
| Louisville-Jefferson County, KY-IN | 23.8 | 8 | Jacksonville, FL | 21.4 | 20 |
| Bakersfield, CA | 23.7 | 9 | Oklahoma City, OK | 21.3 | 22 |
| Orlando-Kissimmee, FL | 23.6 | 10 | Ogden-Clearfield, UT | 21.3 | 22 |
| Birmingham-Hoover, AL | 23.4 | 11 | Los Angeles-Long Beach-Santa Ana, CA | 21.2 | 24 |
| Columbia, SC | 22.9 | 12 | Tampa-St. Petersburg-Clearwater, FL | 21.2 | 24 |
| Springfield, MA | 22.9 | 12 | | | |

V. Food Hardship in Congressional Districts

The Gallup-Healthways survey also provides a large enough sample to enable the measurement of food hardship in every one of America's 436 congressional districts (including the District of Columbia). FRAC aggregated 2009-2010 data to yield sample sizes with smaller margins of error at the congressional district level. The results show how widespread is families' struggle to afford food.

Forty-four congressional districts had a food hardship rate of 25 percent or more – at least one in four respondents answered the Gallup-Healthways question yes. **177 congressional districts – well over one third – had at least a 20 percent rate** of households that faced food hardship, and **324 had rates of 15 percent or higher**. Only 17 districts in the country reported a rate lower than 10 percent. In other words, virtually every congressional district in the country had more than one in ten respondents reporting food hardship. The median congressional district had a rate of 18.8 percent.

| Food Hardship Rate | Number of Congressional Districts |
|--------------------|-----------------------------------|
| 30% or higher | 5 |
| 25-29.9% | 39 |
| 20-24.9% | 133 |
| 15-19.9% | 147 |
| 10-14.9% | 95 |
| Lower than 10% | 17 |

Of the 40 districts with the worst rates, five were in California, four were in Florida, three each were in Alabama, Louisiana, Mississippi, Texas, and Tennessee, and two each were in Arkansas, Michigan, New York, and South Carolina. No other state had more than one in the worst 40. (See the following page for a chart of the 40 districts with the highest rates.)

The appendix includes two separate lists with the food hardship rate for every congressional district in the nation in 2009-2010. The first is designed to make it easy for readers to find rates in specific districts of interest to them: it is organized alphabetically by state and, within the state, by the district number. That list gives the rate for each district and also shows where each district ranks nationally, with 1 being the highest (worst) food hardship rate and 436 being the lowest. The second list is organized by rank among the 436 districts, with 1 being the highest rate and 436 being the lowest.

Ranking 300th or even 400th on this list, however, should not be a point of pride. After all, the "best" district in the country has one in 13 households suffering food hardship. What this list shows is that food hardship is a problem in every corner of America, and should be a concern for every member of Congress. In the end, the nation's food insecurity problem doesn't boil down to the 44 districts with rates over 25 percent or even to the half of all districts above the median of 18.8 percent. It boils down to the fact that in 436 congressional districts in this extraordinarily wealthy nation, somewhere between 7.8 percent and 32.7 percent of respondents – and in 419 districts, 10 percent or more of respondents – told Gallup that there were "times in the past twelve months when [they] did not have enough money to buy food that [they or their family] needed." That is a national problem demanding aggressive steps toward a solution.

40 Congressional Districts with the Highest Rates of Food Hardship, 2009-2010

| State | District | Representative | Food Hardship Rate 2009-2010 | National Rank |
|----------------|-----------------|-------------------------|---|----------------------|
| New York | 16th | José E. Serrano | 32.7 | 1 |
| North Carolina | 1st | G. K. Butterfield | 31.8 | 2 |
| Florida | 17th | Frederica S. Wilson | 31.7 | 3 |
| Pennsylvania | 1st | Robert A. Brady | 31.2 | 4 |
| Michigan | 14th | John Conyers Jr. | 30.0 | 5 |
| New York | 10th | Edolphus Towns | 29.7 | 6 |
| Alabama | 7th | Terri A. Sewell | 29.3 | 7 |
| California | 43rd | Joe Baca | 29.1 | 8 |
| California | 37th | Laura Richardson | 29.0 | 9 |
| Mississippi | 2nd | Bennie G. Thompson | 28.8 | 10 |
| Florida | 23rd | Alcee L. Hastings | 28.5 | 11 |
| Michigan | 13th | Hansen Clarke | 28.4 | 12 |
| Kentucky | 5th | Harold Rogers | 28.2 | 13 |
| California | 31st | Xavier Becerra | 27.9 | 14 |
| South Carolina | 6th | James E. Clyburn | 27.9 | 14 |
| Georgia | 12th | John Barrow | 27.8 | 16 |
| Illinois | 2nd | Jesse L. Jackson Jr. | 27.8 | 16 |
| New Jersey | 10th | Donald M. Payne | 27.8 | 16 |
| Texas | 29th | Gene Green | 27.8 | 16 |
| Louisiana | 2nd | Cedric L. Richmond | 27.7 | 20 |
| Mississippi | 1st | Alan Nunnelee | 27.6 | 21 |
| Tennessee | 8th | Stephen Lee Fincher | 27.3 | 22 |
| Indiana | 7th | André Carson | 27.2 | 23 |
| California | 18th | Dennis A. Cardoza | 27.1 | 24 |
| Alabama | 4th | Robert B. Aderholt | 27.0 | 25 |
| Arkansas | 4th | Mike Ross | 26.9 | 26 |
| California | 35th | Maxine Waters | 26.9 | 26 |
| Tennessee | 4th | Scott DesJarlais | 26.8 | 28 |
| Florida | 3rd | Corrine Brown | 26.7 | 29 |
| Louisiana | 3rd | Jeffrey M. Landry | 26.7 | 29 |
| Louisiana | 5th | Rodney Alexander | 26.7 | 29 |
| Mississippi | 4th | Steven M. Palazzo | 26.6 | 32 |
| Texas | 5th | Jeb Hensarling | 26.5 | 33 |
| South Carolina | 5th | Mick Mulvaney | 25.9 | 34 |
| Alabama | 3rd | Mike Rogers | 25.8 | 35 |
| Florida | 11th | Kathy Castor | 25.8 | 35 |
| Tennessee | 9th | Steve Cohen | 25.8 | 35 |
| Arkansas | 1st | Eric A. "Rick" Crawford | 25.5 | 38 |
| Texas | 30th | Eddie Bernice Johnson | 25.5 | 38 |
| Arizona | 4th | Ed Pastor | 25.3 | 40 |

Conclusion

Food hardship rates are too high in every corner of the nation. It is crucial that the nation rebuild its economy, strengthen employment and wages, and develop public supports that will dramatically decrease these food hardship numbers and do so quickly. Essential steps include: a growing economy that provides jobs at decent wages, shares prosperity and pulls households out of hunger and poverty; improved income supports (e.g., unemployment insurance, refundable tax credits) that help struggling workers and families; and strengthened – not reduced, as some in Congress are proposing – federal nutrition programs (SNAP/Food Stamps, school meals, WIC, summer, afterschool, and child care food) that reach more households – seniors, children, and working-age adults alike – in need and do so with more robust benefits.

For FRAC's seven-point strategy specifically aimed at reaching the President's goal of ending childhood hunger by 2015, see www.frac.org/pdf/endingchildhunger_2015paper.pdf. But as a nation, even in difficult times, we have the resources to eliminate hunger for everyone, regardless of age or family configuration. The cost of not doing so – in terms of damage to health, education, early childhood development and productivity – is just too high. The moral cost of not doing so is even higher.

Notes and Methodology

Results are based on telephone interviews with adults, age 18 or older: 355,344 in 2008, 353,849 in 2009, and 352,840 in 2010. For results based on the total sample of national adults, or for regions, one can say with 90% confidence that the maximum margin of sampling error is less than ± 1 percentage point. Sample sizes for many specific subgroups are lower than for the total sample size, and margins of error thus increase accordingly. At the state level, margins of error are within ± 2 percentage points (with one exception: the District of Columbia has a margin of error of ± 2.5 percentage points). At the MSA level, margins of error are within ± 2.7 percentage points. At the congressional district level, for the two-year time period, margins of error are generally within ± 3.1 percentage points.

Because differences within states, MSAs and congressional districts from year to year are often small, and sample sizes in each for each year can be limiting, readers are cautioned against comparing a 2010 rate for a particular state, MSA or Congressional District to our prior report's data for 2008 and 2009.

Sample sizes for regions in 2010 range from a low of 33,537 in the Mountain Plains region to a high of 69,787 in the Southeast region. Sample sizes for states in 2010 range from a low of 662 respondents in the District of Columbia to a high of 35,543 respondents in California. Sample sizes for the 100 large MSAs in 2010 range from a low of 626 respondents in Honolulu, HI to a high of 14,793 respondents in New York-North New Jersey-Long Island, NY-NJ-PA. Sample sizes for congressional districts for the combined 2009-2010 period range from a low of 602 respondents in New York's 12th district to a high of 3,896 respondents in Montana (which has only one congressional district). Interviews are conducted with respondents on land-line telephones (for respondents with a land-line telephone) and cellular phones (for respondents who are cell-phone only).

Data are weighted to minimize nonresponse bias, based on known census figures for age, race, sex, and education. The average design effect is 1.6.

In addition to sampling error, question wording and practical difficulties in conducting surveys can introduce error or bias into the findings of public opinion polls.

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National Food Hardship Rate by Month 2008-2010

| Month | Food Hardship Rate |
|----------------|--------------------|
| January 2008 | 16.5 |
| February 2008 | 16.2 |
| March 2008 | 16.1 |
| April 2008 | 16.7 |
| May 2008 | 17.4 |
| June 2008 | 17.4 |
| July 2008 | 17.0 |
| August 2008 | 19.1 |
| September 2008 | 18.5 |
| October 2008 | 18.8 |
| November 2008 | 20.3 |
| December 2008 | 19.4 |
| January 2009 | 18.8 |
| February 2009 | 19.0 |
| March 2009 | 18.6 |
| April 2009 | 18.2 |
| May 2009 | 18.4 |
| June 2009 | 17.3 |
| July 2009 | 17.7 |
| August 2009 | 17.9 |
| September 2009 | 18.1 |
| October 2009 | 18.9 |
| November 2009 | 18.3 |
| December 2009 | 18.2 |
| January 2010 | 18.1 |
| February 2010 | 17.9 |
| March 2010 | 18.0 |
| April 2010 | 17.1 |
| May 2010 | 17.9 |
| June 2010 | 17.5 |
| July 2010 | 17.6 |
| August 2010 | 18.2 |
| September 2010 | 18.0 |
| October 2010 | 19.3 |
| November 2010 | 18.2 |
| December 2010 | 18.6 |

**National Food Hardship Rate by
Quarter, 2008-2010**

| Quarter | Food Hardship Rate |
|----------------|---------------------------|
| 1st 2008 | 16.3 |
| 2nd 2008 | 17.1 |
| 3rd 2008 | 18.2 |
| 4th 2008 | 19.5 |
| 1st 2009 | 18.8 |
| 2nd 2009 | 18.0 |
| 3rd 2009 | 17.9 |
| 4th 2009 | 18.5 |
| 1st 2010 | 18.0 |
| 2nd 2010 | 17.5 |
| 3rd 2010 | 17.9 |
| 4th 2010 | 18.7 |

Food Hardship in 2010 by Region

| Region | Food Hardship Rate |
|-----------------|---------------------------|
| Mid-Atlantic | 15.6 |
| Midwest | 16.5 |
| Mountain Plains | 16.3 |
| Northeast | 15.7 |
| Southeast | 21.1 |
| Southwest | 20.8 |
| Western | 18.4 |

Food Hardship in 2010 by State

| State | Food Hardship Rate | Rank |
|----------------------|--------------------|------|
| Alabama | 25.2 | 2 |
| Alaska | 18.6 | 29 |
| Arizona | 20.8 | 15 |
| Arkansas | 23.5 | 6 |
| California | 20.5 | 16 |
| Colorado | 18.3 | 30 |
| Connecticut | 14.5 | 49 |
| Delaware | 18.8 | 27 |
| District of Columbia | 18.9 | 26 |
| Florida | 22.0 | 13 |
| Georgia | 22.7 | 10 |
| Hawaii | 17.3 | 35 |
| Idaho | 20.2 | 20 |
| Illinois | 17.5 | 33 |
| Indiana | 20.3 | 17 |
| Iowa | 15.0 | 45 |
| Kansas | 18.7 | 28 |
| Kentucky | 24.3 | 3 |
| Louisiana | 23.9 | 5 |
| Maine | 19.3 | 25 |
| Maryland | 16.5 | 39 |
| Massachusetts | 16.1 | 44 |
| Michigan | 20.0 | 21 |
| Minnesota | 13.8 | 50 |
| Mississippi | 27.9 | 1 |
| Missouri | 19.9 | 22 |
| Montana | 16.8 | 37 |
| Nebraska | 16.6 | 38 |
| Nevada | 20.3 | 17 |
| New Hampshire | 16.3 | 41 |
| New Jersey | 14.9 | 46 |
| New Mexico | 21.4 | 14 |
| New York | 17.6 | 32 |
| North Carolina | 23.5 | 6 |
| North Dakota | 10.3 | 51 |
| Ohio | 19.8 | 23 |
| Oklahoma | 22.2 | 12 |
| Oregon | 20.3 | 17 |
| Pennsylvania | 16.2 | 43 |
| Rhode Island | 19.8 | 23 |
| South Carolina | 24.2 | 4 |
| South Dakota | 16.3 | 41 |
| Tennessee | 22.8 | 9 |
| Texas | 23.2 | 8 |
| Utah | 17.9 | 31 |
| Vermont | 17.0 | 36 |
| Virginia | 17.4 | 34 |
| Washington | 16.5 | 39 |
| West Virginia | 22.3 | 11 |
| Wisconsin | 14.9 | 46 |
| Wyoming | 14.7 | 48 |

Food Hardship Rate in 2010 for 100 Large Metropolitan Statistical Areas, Listed Alphabetically

| Metropolitan Statistical Area (MSA) | Food Hardship Rate | Rank |
|--|---------------------------|-------------|
| Akron, OH | 18.7 | 53 |
| Albany-Schenectady-Troy, NY | 16.9 | 72 |
| Albuquerque, NM | 21.5 | 19 |
| Allentown-Bethlehem-Easton, PA-NJ | 17.2 | 68 |
| Anchorage, AK | 21.0 | 26 |
| Asheville, NC | 23.9 | 7 |
| Atlanta-Sandy Springs-Marietta, GA | 21.4 | 20 |
| Austin-Round Rock, TX | 20.2 | 36 |
| Bakersfield, CA | 23.7 | 9 |
| Baltimore-Towson, MD | 17.5 | 65 |
| Baton Rouge, LA | 20.0 | 38 |
| Birmingham-Hoover, AL | 23.4 | 11 |
| Boise City-Nampa, ID | 20.6 | 32 |
| Boston-Cambridge-Quincy, MA-NH | 14.5 | 89 |
| Bradenton-Sarasota-Venice, FL | 16.4 | 75 |
| Bridgeport-Stamford-Norwalk, CT | 11.8 | 99 |
| Buffalo-Niagara Falls, NY | 14.8 | 88 |
| Cape Coral-Fort Myers, FL | 19.2 | 48 |
| Charleston-N Charleston-Summerville, SC | 18.8 | 50 |
| Charlotte-Gastonia-Concord, NC-SC | 19.6 | 43 |
| Chicago-Naperville-Joliet, IL-IN-WI | 16.0 | 83 |
| Cincinnati-Middletown, OH-KY-IN | 17.7 | 64 |
| Cleveland-Elyria-Mentor, OH | 18.5 | 55 |
| Colorado Springs, CO | 17.9 | 62 |
| Columbia, SC | 22.9 | 12 |
| Columbus, OH | 18.4 | 57 |
| Dallas-Fort Worth-Arlington, TX | 20.1 | 37 |
| Dayton, OH | 22.1 | 15 |
| Denver-Aurora, CO | 18.8 | 50 |
| Des Moines-West Des Moines, IA | 16.1 | 82 |
| Detroit-Warren-Livonia, MI | 18.5 | 55 |
| Durham, NC | 16.6 | 73 |
| Fresno, CA | 27.2 | 1 |
| Grand Rapids-Wyoming, MI | 19.7 | 42 |
| Greensboro-High Point, NC | 24.9 | 4 |
| Greenville-Mauldin-Easley, SC | 22.1 | 15 |
| Harrisburg-Carlisle, PA | 16.4 | 75 |
| Hartford-West Hartford-East Hartford, CT | 13.4 | 95 |
| Honolulu, HI | 14.4 | 90 |
| Houston-Sugar Land-Baytown, TX | 22.1 | 15 |
| Indianapolis-Carmel, IN | 20.7 | 29 |
| Jacksonville, FL | 21.4 | 20 |
| Kansas City, MO-KS | 17.2 | 68 |
| Knoxville, TN | 22.2 | 14 |
| Lakeland-Winter Haven, FL | 21.7 | 18 |
| Lancaster, PA | 13.0 | 96 |
| Las Vegas-Paradise, NV | 19.8 | 41 |
| Little Rock-N Little Rock-Conway, AR | 19.5 | 45 |
| Los Angeles-Long Beach-Santa Ana, CA | 21.2 | 24 |
| Louisville-Jefferson County, KY-IN | 23.8 | 8 |
| Madison, WI | 10.3 | 100 |
| Memphis, TN-MS-AR | 20.7 | 29 |
| Miami-Fort Lauderdale-Pompano Beach, FL | 20.9 | 27 |

| Metropolitan Statistical Area (MSA) | Food Hardship Rate | Rank |
|---|--------------------|------|
| Milwaukee-Waukesha-West Allis, WI | 14.3 | 91 |
| Minneapolis-St. Paul-Bloomington, MN-WI | 12.0 | 98 |
| Nashville-Davidson-Murfreesboro-Franklin, TN | 20.6 | 32 |
| New Haven-Milford, CT | 16.2 | 81 |
| New Orleans-Metairie-Kenner, LA | 20.9 | 27 |
| New York-North New Jersey-Long Island, NY-NJ-PA | 15.7 | 85 |
| Ogden-Clearfield, UT | 21.3 | 22 |
| Oklahoma City, OK | 21.3 | 22 |
| Omaha-Council Bluffs, NE-IA | 18.8 | 50 |
| Orlando-Kissimmee, FL | 23.6 | 10 |
| Oxnard-Thousand Oaks-Ventura, CA | 20.3 | 35 |
| Palm Bay-Melbourne-Titusville, FL | 17.0 | 71 |
| Philadelphia-Camden-Wilmington, PA-NJ-DE-MD | 16.3 | 79 |
| Phoenix-Mesa-Scottsdale, AZ | 20.0 | 38 |
| Pittsburgh, PA | 14.9 | 86 |
| Portland-South Portland-Biddeford, ME | 18.1 | 60 |
| Portland-Vancouver-Beaverton, OR-WA | 18.4 | 57 |
| Poughkeepsie-Newburgh-Middletown, NY | 17.4 | 67 |
| Providence-New Bedford-Fall River, RI-MA | 20.4 | 34 |
| Raleigh-Cary, NC | 16.4 | 75 |
| Richmond, VA | 19.4 | 46 |
| Riverside-San Bernardino-Ontario, CA | 26.2 | 2 |
| Rochester, NY | 14.0 | 93 |
| Sacramento--Arden-Arcade--Roseville, CA | 17.1 | 70 |
| Salt Lake City, UT | 17.8 | 63 |
| San Antonio, TX | 20.7 | 29 |
| San Diego-Carlsbad-San Marcos, CA | 18.1 | 60 |
| San Francisco-Oakland-Fremont, CA | 14.9 | 86 |
| San Jose-Sunnyvale-Santa Clara, CA | 12.5 | 97 |
| Santa Rosa-Petaluma, CA | 18.2 | 59 |
| Scranton--Wilkes-Barre, PA | 16.0 | 83 |
| Seattle-Tacoma-Bellevue, WA | 14.2 | 92 |
| Spokane, WA | 18.7 | 53 |
| Springfield, MA | 22.9 | 12 |
| St. Louis, MO-IL | 17.5 | 65 |
| Syracuse, NY | 19.1 | 49 |
| Tampa-St. Petersburg-Clearwater, FL | 21.2 | 24 |
| Toledo, OH | 20.0 | 38 |
| Tucson, AZ | 19.4 | 46 |
| Tulsa, OK | 24.2 | 6 |
| Virginia Beach-Norfolk-Newport News, VA-NC | 16.4 | 75 |
| Washington-Arlington-Alexandria, DC-VA-MD-WV | 13.7 | 94 |
| Wichita, KS | 19.6 | 43 |
| Winston-Salem, NC | 25.0 | 3 |
| Worcester, MA | 16.3 | 79 |
| York-Hanover, PA | 16.6 | 73 |
| Youngstown-Warren-Boardman, OH-PA | 24.8 | 5 |

Food Hardship Rate in 2010 for 100 Large Metropolitan Statistical Areas, by Rank

| Metropolitan Statistical Area (MSA) | Food Hardship Rate | Rank |
|--|---------------------------|-------------|
| Fresno, CA | 27.2 | 1 |
| Riverside-San Bernardino-Ontario, CA | 26.2 | 2 |
| Winston-Salem, NC | 25.0 | 3 |
| Greensboro-High Point, NC | 24.9 | 4 |
| Youngstown-Warren-Boardman, OH-PA | 24.8 | 5 |
| Tulsa, OK | 24.2 | 6 |
| Asheville, NC | 23.9 | 7 |
| Louisville-Jefferson County, KY-IN | 23.8 | 8 |
| Bakersfield, CA | 23.7 | 9 |
| Orlando-Kissimmee, FL | 23.6 | 10 |
| Birmingham-Hoover, AL | 23.4 | 11 |
| Columbia, SC | 22.9 | 12 |
| Springfield, MA | 22.9 | 12 |
| Knoxville, TN | 22.2 | 14 |
| Greenville-Mauldin-Easley, SC | 22.1 | 15 |
| Dayton, OH | 22.1 | 15 |
| Houston-Sugar Land-Baytown, TX | 22.1 | 15 |
| Lakeland-Winter Haven, FL | 21.7 | 18 |
| Albuquerque, NM | 21.5 | 19 |
| Atlanta-Sandy Springs-Marietta, GA | 21.4 | 20 |
| Jacksonville, FL | 21.4 | 20 |
| Oklahoma City, OK | 21.3 | 22 |
| Ogden-Clearfield, UT | 21.3 | 22 |
| Los Angeles-Long Beach-Santa Ana, CA | 21.2 | 24 |
| Tampa-St. Petersburg-Clearwater, FL | 21.2 | 24 |
| Anchorage, AK | 21.0 | 26 |
| Miami-Fort Lauderdale-Pompano Beach, FL | 20.9 | 27 |
| New Orleans-Metairie-Kenner, LA | 20.9 | 27 |
| Memphis, TN-MS-AR | 20.7 | 29 |
| San Antonio, TX | 20.7 | 29 |
| Indianapolis-Carmel, IN | 20.7 | 29 |
| Nashville-Davidson-Murfreesboro-Franklin, TN | 20.6 | 32 |
| Boise City-Nampa, ID | 20.6 | 32 |
| Providence-New Bedford-Fall River, RI-MA | 20.4 | 34 |
| Oxnard-Thousand Oaks-Ventura, CA | 20.3 | 35 |
| Austin-Round Rock, TX | 20.2 | 36 |
| Dallas-Fort Worth-Arlington, TX | 20.1 | 37 |
| Phoenix-Mesa-Scottsdale, AZ | 20.0 | 38 |
| Baton Rouge, LA | 20.0 | 38 |
| Toledo, OH | 20.0 | 38 |
| Las Vegas-Paradise, NV | 19.8 | 41 |
| Grand Rapids-Wyoming, MI | 19.7 | 42 |
| Charlotte-Gastonia-Concord, NC-SC | 19.6 | 43 |
| Wichita, KS | 19.6 | 43 |
| Little Rock-N Little Rock-Conway, AR | 19.5 | 45 |
| Richmond, VA | 19.4 | 46 |
| Tucson, AZ | 19.4 | 46 |
| Cape Coral-Fort Myers, FL | 19.2 | 48 |
| Syracuse, NY | 19.1 | 49 |
| Charleston-N Charleston-Summerville, SC | 18.8 | 50 |
| Omaha-Council Bluffs, NE-IA | 18.8 | 50 |
| Denver-Aurora, CO | 18.8 | 50 |
| Akron, OH | 18.7 | 53 |

| Metropolitan Statistical Area (MSA) | Food Hardship Rate | Rank |
|---|--------------------|------|
| Spokane, WA | 18.7 | 53 |
| Cleveland-Elyria-Mentor, OH | 18.5 | 55 |
| Detroit-Warren-Livonia, MI | 18.5 | 55 |
| Portland-Vancouver-Beaverton, OR-WA | 18.4 | 57 |
| Columbus, OH | 18.4 | 57 |
| Santa Rosa-Petaluma, CA | 18.2 | 59 |
| San Diego-Carlsbad-San Marcos, CA | 18.1 | 60 |
| Portland-South Portland-Biddeford, ME | 18.1 | 60 |
| Colorado Springs, CO | 17.9 | 62 |
| Salt Lake City, UT | 17.8 | 63 |
| Cincinnati-Middletown, OH-KY-IN | 17.7 | 64 |
| Baltimore-Towson, MD | 17.5 | 65 |
| St. Louis, MO-IL | 17.5 | 65 |
| Poughkeepsie-Newburgh-Middletown, NY | 17.4 | 67 |
| Allentown-Bethlehem-Easton, PA-NJ | 17.2 | 68 |
| Kansas City, MO-KS | 17.2 | 68 |
| Sacramento--Arden-Arcade--Roseville, CA | 17.1 | 70 |
| Palm Bay-Melbourne-Titusville, FL | 17.0 | 71 |
| Albany-Schenectady-Troy, NY | 16.9 | 72 |
| York-Hanover, PA | 16.6 | 73 |
| Durham, NC | 16.6 | 73 |
| Bradenton-Sarasota-Venice, FL | 16.4 | 75 |
| Harrisburg-Carlisle, PA | 16.4 | 75 |
| Raleigh-Cary, NC | 16.4 | 75 |
| Virginia Beach-Norfolk-Newport News, VA-NC | 16.4 | 75 |
| Worcester, MA | 16.3 | 79 |
| Philadelphia-Camden-Wilmington, PA-NJ-DE-MD | 16.3 | 79 |
| New Haven-Milford, CT | 16.2 | 81 |
| Des Moines-West Des Moines, IA | 16.1 | 82 |
| Scranton--Wilkes-Barre, PA | 16.0 | 83 |
| Chicago-Naperville-Joliet, IL-IN-WI | 16.0 | 83 |
| New York-North New Jersey-Long Island, NY-NJ-PA | 15.7 | 85 |
| Pittsburgh, PA | 14.9 | 86 |
| San Francisco-Oakland-Fremont, CA | 14.9 | 86 |
| Buffalo-Niagara Falls, NY | 14.8 | 88 |
| Boston-Cambridge-Quincy, MA-NH | 14.5 | 89 |
| Honolulu, HI | 14.4 | 90 |
| Milwaukee-Waukesha-West Allis, WI | 14.3 | 91 |
| Seattle-Tacoma-Bellevue, WA | 14.2 | 92 |
| Rochester, NY | 14.0 | 93 |
| Washington-Arlington-Alexandria, DC-VA-MD-WV | 13.7 | 94 |
| Hartford-West Hartford-East Hartford, CT | 13.4 | 95 |
| Lancaster, PA | 13.0 | 96 |
| San Jose-Sunnyvale-Santa Clara, CA | 12.5 | 97 |
| Minneapolis-St. Paul-Bloomington, MN-WI | 12.0 | 98 |
| Bridgeport-Stamford-Norwalk, CT | 11.8 | 99 |
| Madison, WI | 10.3 | 100 |

Food Hardship 2009-2010 by Congressional District -Organized by State and District

| District | Representative | Food Hardship Rate 2009-2010 | National Rank |
|-------------------|-------------------------|---------------------------------|------------------|
| Alabama | | | |
| 1st | Jo Bonner | 25.1 | 44 |
| 2nd | Martha Roby | 24.8 | 45 |
| 3rd | Mike Rogers | 25.8 | 35 |
| 4th | Robert B. Aderholt | 27.0 | 25 |
| 5th | Mo Brooks | 21.2 | 121 |
| 6th | Spencer Bachus | 18.3 | 231 |
| 7th | Terri A. Sewell | 29.3 | 7 |
| Alaska | | | |
| At-Large | Don Young | 17.0 | 278 |
| Arizona | | | |
| 1st | Paul A. Gosar | 24.0 | 60 |
| 2nd | Trent Franks | 18.3 | 231 |
| 3rd | Benjamin Quayle | 18.9 | 212 |
| 4th | Ed Pastor | 25.3 | 40 |
| 5th | David Schweikert | 11.9 | 394 |
| 6th | Jeff Flake | 17.0 | 278 |
| 7th | Raúl M. Grijalva | 22.5 | 88 |
| 8th | Gabrielle Giffords | 15.3 | 314 |
| Arkansas | | | |
| 1st | Eric A. "Rick" Crawford | 25.5 | 38 |
| 2nd | Tim Griffin | 20.4 | 156 |
| 3rd | Steve Womack | 21.9 | 104 |
| 4th | Mike Ross | 26.9 | 26 |
| California | | | |
| 1st | Mike Thompson | 19.1 | 204 |
| 2nd | Wally Herger | 21.7 | 111 |
| 3rd | Daniel E. Lungren | 17.1 | 273 |
| 4th | Tom McClintock | 15.3 | 314 |
| 5th | Doris O. Matsui | 22.7 | 84 |
| 6th | Lynn C. Woolsey | 12.8 | 373 |
| 7th | George Miller | 18.9 | 212 |
| 8th | Nancy Pelosi | 11.9 | 394 |
| 9th | Barbara Lee | 16.7 | 289 |
| 10th | John Garamendi | 14.5 | 331 |
| 11th | Jerry McNerney | 14.4 | 335 |
| 12th | Jackie Speier | 8.2 | 433 |
| 13th | Fortney Pete Stark | 16.9 | 281 |
| 14th | Anna G. Eshoo | 9.2 | 423 |
| 15th | Michael M. Honda | 8.9 | 426 |
| 16th | Zoe Lofgren | 14.3 | 339 |
| 17th | Sam Farr | 17.8 | 247 |
| 18th | Dennis A. Cardoza | 27.1 | 24 |
| 19th | Jeff Denham | 21.2 | 121 |
| 20th | Jim Costa | 22.4 | 92 |
| 21st | Devin Nunes | 21.4 | 115 |
| 22nd | Kevin McCarthy | 19.4 | 196 |
| 23rd | Lois Capps | 18.2 | 238 |
| 24th | Elton Gallegly | 12.7 | 375 |
| 25th | Howard P. "Buck" McKeon | 21.9 | 104 |
| 26th | David Dreier | 14.0 | 348 |
| 27th | Brad Sherman | 13.6 | 358 |

| District | Representative | Food Hardship Rate 2009-2010 | National Rank |
|-----------------------------|-----------------------|---------------------------------|------------------|
| 28th | Howard L. Berman | 21.2 | 121 |
| 29th | Adam B. Schiff | 14.3 | 339 |
| 30th | Henry A. Waxman | 10.7 | 409 |
| 31st | Xavier Becerra | 27.9 | 14 |
| 32nd | Judy Chu | 17.6 | 254 |
| 33rd | Karen Bass | 20.9 | 134 |
| 34th | Lucille Roybal | 23.8 | 65 |
| 35th | Maxine Waters | 26.9 | 26 |
| 36th | Jane Harman | 9.6 | 421 |
| 37th | Laura Richardson | 29.0 | 9 |
| 38th | Grace F. Napolitano | 22.6 | 87 |
| 39th | Linda T. Sánchez | 20.4 | 156 |
| 40th | Edward R. Royce | 12.6 | 378 |
| 41st | Jerry Lewis | 23.8 | 65 |
| 42nd | Gary G. Miller | 9.5 | 422 |
| 43rd | Joe Baca | 29.1 | 8 |
| 44th | Ken Calvert | 20.3 | 161 |
| 45th | Mary Bono Mack | 20.8 | 142 |
| 46th | Dana Rohrabacher | 12.1 | 390 |
| 47th | Loretta Sanchez | 16.2 | 304 |
| 48th | John Campbell | 11.3 | 400 |
| 49th | Darrell E. Issa | 20.3 | 161 |
| 50th | Brian P. Bilbray | 9.7 | 420 |
| 51st | Bob Filner | 22.8 | 82 |
| 52nd | Duncan Hunter | 19.0 | 208 |
| 53rd | Susan A. Davis | 16.3 | 300 |
| Colorado | | | |
| 1st | Diana DeGette | 20.5 | 153 |
| 2nd | Jared Polis | 12.6 | 378 |
| 3rd | Scott R. Tipton | 17.0 | 278 |
| 4th | Cory Gardner | 16.6 | 290 |
| 5th | Doug Lamborn | 16.5 | 293 |
| 6th | Mike Coffman | 14.0 | 348 |
| 7th | Ed Perlmutter | 18.7 | 219 |
| Connecticut | | | |
| 1st | John B. Larson | 14.5 | 331 |
| 2nd | Joe Courtney | 12.9 | 368 |
| 3rd | Rosa L. DeLauro | 14.7 | 328 |
| 4th | James A. Himes | 10.6 | 412 |
| 5th | Christopher S. Murphy | 17.4 | 262 |
| Delaware | | | |
| At-Large | John C. Carney Jr. | 18.1 | 240 |
| District of Columbia | | | |
| At-Large | Eleanor Holmes Norton | 19.9 | 178 |
| Florida | | | |
| 1st | Jeff Miller | 22.7 | 84 |
| 2nd | Steve Southerland II | 24.1 | 58 |
| 3rd | Corrine Brown | 26.7 | 29 |
| 4th | Ander Crenshaw | 22.1 | 97 |
| 5th | Richard B. Nugent | 20.2 | 169 |
| 6th | Cliff Stearns | 22.0 | 101 |
| 7th | John L. Mica | 21.8 | 106 |
| 8th | Daniel Webster | 24.4 | 51 |
| 9th | Gus M. Bilirakis | 17.8 | 247 |
| 10th | C. W. Bill Young | 17.3 | 265 |

| District | Representative | Food Hardship Rate 2009-2010 | National Rank |
|-----------------|-----------------------------|---------------------------------|------------------|
| 11th | Kathy Castor | 25.8 | 35 |
| 12th | Dennis A. Ross | 19.4 | 196 |
| 13th | Vern Buchanan | 16.3 | 300 |
| 14th | Connie Mack | 18.3 | 231 |
| 15th | Bill Posey | 18.9 | 212 |
| 16th | Thomas J. Rooney | 20.7 | 146 |
| 17th | Frederica S. Wilson | 31.7 | 3 |
| 18th | Ileana Ros | 12.0 | 392 |
| 19th | Theodore E. Deutch | 14.2 | 342 |
| 20th | Debbie Wasserman Schultz | 17.5 | 258 |
| 21st | Mario Diaz | 18.5 | 225 |
| 22nd | Allen B. West | 14.4 | 335 |
| 23rd | Alcee L. Hastings | 28.5 | 11 |
| 24th | Sandy Adams | 19.9 | 178 |
| 25th | David Rivera | 23.1 | 78 |
| Georgia | | | |
| 1st | Jack Kingston | 22.4 | 92 |
| 2nd | Sanford D. Bishop Jr. | 22.7 | 84 |
| 3rd | Lynn A. Westmoreland | 19.9 | 178 |
| 4th | Henry C. "Hank" Johnson Jr. | 25.2 | 43 |
| 5th | John Lewis | 23.9 | 63 |
| 6th | Tom Price | 8.9 | 426 |
| 7th | Rob Woodall | 17.1 | 273 |
| 8th | Austin Scott | 24.3 | 55 |
| 9th | Tom Graves | 20.4 | 156 |
| 10th | Paul C. Broun | 20.8 | 142 |
| 11th | Phil Gingrey | 21.8 | 106 |
| 12th | John Barrow | 27.8 | 16 |
| 13th | David Scott | 23.9 | 63 |
| Hawaii | | | |
| 1st | Colleen W. Hanabusa | 11.7 | 397 |
| 2nd | Mazie K. Hirono | 19.5 | 194 |
| Idaho | | | |
| 1st | Raúl R. Labrador | 17.5 | 258 |
| 2nd | Michael K. Simpson | 19.6 | 186 |
| Illinois | | | |
| 1st | Bobby L. Rush | 23.3 | 75 |
| 2nd | Jesse L. Jackson Jr. | 27.8 | 16 |
| 3rd | Daniel Lipinski | 19.9 | 178 |
| 4th | Luis V. Gutierrez | 24.4 | 51 |
| 5th | Mike Quigley | 12.9 | 368 |
| 6th | Peter J. Roskam | 12.0 | 392 |
| 7th | Danny K. Davis | 18.4 | 226 |
| 8th | Joe Walsh | 14.4 | 335 |
| 9th | Janice D. Schakowsky | 13.8 | 354 |
| 10th | Robert J. Dold | 8.2 | 433 |
| 11th | Adam Kinzinger | 17.5 | 258 |
| 12th | Jerry F. Costello | 19.6 | 186 |
| 13th | Judy Biggert | 10.7 | 409 |
| 14th | Randy Hultgren | 13.1 | 366 |
| 15th | Timothy V. Johnson | 16.2 | 304 |
| 16th | Donald A. Manzullo | 17.1 | 273 |
| 17th | Robert T. Schilling | 16.1 | 307 |
| 18th | Aaron Schock | 14.0 | 348 |
| 19th | John Shimkus | 17.8 | 247 |

| District | Representative | Food Hardship Rate 2009-2010 | National Rank |
|----------------------|---------------------------|---------------------------------|------------------|
| Indiana | | | |
| 1st | Peter J. Visclosky | 20.3 | 161 |
| 2nd | Joe Donnelly | 22.1 | 97 |
| 3rd | Marlin A. Stutzman | 20.1 | 172 |
| 4th | Todd Rokita | 17.2 | 267 |
| 5th | Dan Burton | 13.3 | 365 |
| 6th | Mike Pence | 22.1 | 97 |
| 7th | André Carson | 27.2 | 23 |
| 8th | Larry Bucshon | 21.0 | 130 |
| 9th | Todd C. Young | 20.3 | 161 |
| Iowa | | | |
| 1st | Bruce L. Braley | 13.5 | 360 |
| 2nd | David Loebsack | 13.4 | 362 |
| 3rd | Leonard Boswell | 13.5 | 360 |
| 4th | Tom Latham | 10.8 | 407 |
| 5th | Steve King | 16.3 | 300 |
| Kansas | | | |
| 1st | Tim Huelskamp | 15.3 | 314 |
| 2nd | Lynn Jenkins | 17.7 | 250 |
| 3rd | Kevin Yoder | 15.6 | 312 |
| 4th | Mike Pompeo | 19.4 | 196 |
| Kentucky | | | |
| 1st | Ed Whitfield | 24.5 | 49 |
| 2nd | S. Brett Guthrie | 24.4 | 51 |
| 3rd | John A. Yarmuth | 20.9 | 134 |
| 4th | Geoff Davis | 20.6 | 149 |
| 5th | Harold Rogers | 28.2 | 13 |
| 6th | Ben Chandler | 20.3 | 161 |
| Louisiana | | | |
| 1st | Steve Scalise | 20.9 | 134 |
| 2nd | Cedric L. Richmond | 27.7 | 20 |
| 3rd | Jeffrey M. Landry | 26.7 | 29 |
| 4th | John Fleming | 22.0 | 101 |
| 5th | Rodney Alexander | 26.7 | 29 |
| 6th | Bill Cassidy | 19.7 | 183 |
| 7th | Charles W. Boustany Jr. | 20.9 | 134 |
| Maine | | | |
| 1st | Chellie Pingree | 14.9 | 325 |
| 2nd | Michael Michaud | 20.4 | 156 |
| Maryland | | | |
| 1st | Andy Harris | 16.6 | 290 |
| 2nd | C. A. Dutch Ruppersberger | 18.2 | 238 |
| 3rd | John P. Sarbanes | 15.2 | 319 |
| 4th | Donna F. Edwards | 16.4 | 297 |
| 5th | Steny H. Hoyer | 14.3 | 339 |
| 6th | Roscoe G. Bartlett | 12.2 | 388 |
| 7th | Elijah E. Cummings | 21.1 | 126 |
| 8th | Chris Van Hollen | 8.9 | 426 |
| Massachusetts | | | |
| 1st | John W. Olver | 17.2 | 267 |
| 2nd | Richard E. Neal | 19.8 | 182 |
| 3rd | James P. McGovern | 15.0 | 322 |
| 4th | Barney Frank | 16.5 | 293 |
| 5th | Niki Tsongas | 12.6 | 378 |

| District | Representative | Food Hardship Rate 2009-2010 | National Rank |
|--------------------|----------------------|---------------------------------|------------------|
| 6th | John F. Tierney | 13.4 | 362 |
| 7th | Edward J. Markey | 11.8 | 396 |
| 8th | Michael E. Capuano | 19.0 | 208 |
| 9th | Stephen F. Lynch | 14.1 | 345 |
| 10th | William R. Keating | 13.7 | 356 |
| Michigan | | | |
| 1st | Dan Benishek | 18.3 | 231 |
| 2nd | Bill Huizenga | 18.1 | 240 |
| 3rd | Justin Amash | 19.6 | 186 |
| 4th | Dave Camp | 18.8 | 216 |
| 5th | Dale E. Kildee | 21.3 | 116 |
| 6th | Fred Upton | 21.3 | 116 |
| 7th | Tim Walberg | 19.6 | 186 |
| 8th | Mike Rogers | 19.6 | 186 |
| 9th | Gary C. Peters | 11.3 | 400 |
| 10th | Candice S. Miller | 20.1 | 172 |
| 11th | Thaddeus G. McCotter | 15.6 | 312 |
| 12th | Sander M. Levin | 18.8 | 216 |
| 13th | Hansen Clarke | 28.4 | 12 |
| 14th | John Conyers Jr. | 30.0 | 5 |
| 15th | John D. Dingell | 19.1 | 204 |
| Minnesota | | | |
| 1st | Timothy J. Walz | 12.5 | 382 |
| 2nd | John Kline | 10.0 | 419 |
| 3rd | Erik Paulsen | 10.9 | 406 |
| 4th | Betty McCollum | 14.0 | 348 |
| 5th | Keith Ellison | 17.2 | 267 |
| 6th | Michele Bachmann | 12.8 | 373 |
| 7th | Collin C. Peterson | 12.9 | 368 |
| 8th | Chip Cravaack | 15.9 | 308 |
| Mississippi | | | |
| 1st | Alan Nunnelee | 27.6 | 21 |
| 2nd | Bennie G. Thompson | 28.8 | 10 |
| 3rd | Gregg Harper | 23.0 | 79 |
| 4th | Steven M. Palazzo | 26.6 | 32 |
| Missouri | | | |
| 1st | Wm. Lacy Clay | 20.7 | 146 |
| 2nd | W. Todd Akin | 11.2 | 403 |
| 3rd | Russ Carnahan | 17.6 | 254 |
| 4th | Vicky Hartzler | 20.9 | 134 |
| 5th | Emanuel Cleaver | 24.5 | 49 |
| 6th | Sam Graves | 17.5 | 258 |
| 7th | Billy Long | 20.5 | 153 |
| 8th | Jo Ann Emerson | 23.2 | 77 |
| 9th | Blaine Luetkemeyer | 19.3 | 201 |
| Montana | | | |
| At-Large | Dennis Rehberg | 15.9 | 308 |
| Nebraska | | | |
| 1st | Jeff Fortenberry | 14.1 | 345 |
| 2nd | Lee Terry | 17.9 | 245 |
| 3rd | Adrian Smith | 14.6 | 329 |
| Nevada | | | |
| 1st | Shelley Berkley | 21.8 | 106 |
| 2nd | Dean Heller | 18.3 | 231 |
| 3rd | Joseph J. Heck | 19.0 | 208 |

| District | Representative | Food Hardship Rate 2009-2010 | National Rank |
|-----------------------|---------------------------|---------------------------------|------------------|
| New Hampshire | | | |
| 1st | Frank C. Guinta | 16.4 | 297 |
| 2nd | Charles F. Bass | 15.7 | 311 |
| New Jersey | | | |
| 1st | Robert E. Andrews | 20.0 | 175 |
| 2nd | Frank A. LoBiondo | 19.1 | 204 |
| 3rd | Jon Runyan | 13.4 | 362 |
| 4th | Christopher H. Smith | 12.4 | 384 |
| 5th | Scott Garrett | 10.1 | 417 |
| 6th | Frank Pallone Jr. | 17.7 | 250 |
| 7th | Leonard Lance | 8.9 | 426 |
| 8th | Bill Pascrell Jr. | 17.2 | 267 |
| 9th | Steven R. Rothman | 12.1 | 390 |
| 10th | Donald M. Payne | 27.8 | 16 |
| 11th | Rodney P. Frelinghuysen | 7.9 | 435 |
| 12th | Rush D. Holt | 10.4 | 415 |
| 13th | Albio Sires | 21.3 | 116 |
| New Mexico | | | |
| 1st | Martin Heinrich | 19.7 | 183 |
| 2nd | Stevan Pearce | 18.4 | 226 |
| 3rd | Ben Ray Luján | 20.0 | 175 |
| New York | | | |
| 1st | Timothy H. Bishop | 12.4 | 384 |
| 2nd | Steve Israel | 16.5 | 293 |
| 3rd | Peter T. King | 11.0 | 404 |
| 4th | Carolyn McCarthy | 12.9 | 368 |
| 5th | Gary L. Ackerman | 12.5 | 382 |
| 6th | Gregory W. Meeks | 20.6 | 149 |
| 7th | Joseph Crowley | 23.8 | 65 |
| 8th | Jerrold Nadler | 10.8 | 407 |
| 9th | Anthony D. Weiner | 9.0 | 425 |
| 10th | Edolphus Towns | 29.7 | 6 |
| 11th | Yvette D. Clarke | 20.5 | 153 |
| 12th | Nydia M. Velázquez | 20.9 | 134 |
| 13th | Michael G. Grimm | 20.4 | 156 |
| 14th | Carolyn B. Maloney | 8.5 | 431 |
| 15th | Charles B. Rangel | 22.3 | 94 |
| 16th | José E. Serrano | 32.7 | 1 |
| 17th | Eliot L. Engel | 21.3 | 116 |
| 18th | Nita M. Lowey | 8.8 | 430 |
| 19th | Nan A. S. Hayworth | 12.7 | 375 |
| 20th | Christopher P. Gibson | 15.2 | 319 |
| 21st | Paul Tonko | 17.1 | 273 |
| 22nd | Maurice D. Hinchey | 16.9 | 281 |
| 23rd | William L. Owens | 16.6 | 290 |
| 24th | Richard L. Hanna | 17.2 | 267 |
| 25th | Ann Marie Buerkle | 17.4 | 262 |
| 26th | Vacant | 13.9 | 353 |
| 27th | Brian Higgins | 14.8 | 326 |
| 28th | Louise McIntosh Slaughter | 18.6 | 222 |
| 29th | Tom Reed | 16.8 | 284 |
| North Carolina | | | |
| 1st | G. K. Butterfield | 31.8 | 2 |
| 2nd | Renee L. Ellmers | 24.0 | 60 |

| District | Representative | Food Hardship Rate 2009-2010 | National Rank |
|---------------------|------------------------|---------------------------------|------------------|
| 3rd | Walter B. Jones | 20.6 | 149 |
| 4th | David E. Price | 14.2 | 342 |
| 5th | Virginia Foxx | 23.7 | 70 |
| 6th | Howard Coble | 23.3 | 75 |
| 7th | Mike McIntyre | 22.5 | 88 |
| 8th | Larry Kissell | 23.8 | 65 |
| 9th | Sue Wilkins Myrick | 17.6 | 254 |
| 10th | Patrick T. McHenry | 25.3 | 40 |
| 11th | Heath Shuler | 22.2 | 95 |
| 12th | Melvin L. Watt | 24.8 | 45 |
| 13th | Brad Miller | 18.8 | 216 |
| North Dakota | | | |
| At-Large | Rick Berg | 10.5 | 414 |
| Ohio | | | |
| 1st | Steve Chabot | 21.3 | 116 |
| 2nd | Jean Schmidt | 16.4 | 297 |
| 3rd | Michael R. Turner | 20.9 | 134 |
| 4th | Jim Jordan | 19.2 | 202 |
| 5th | Robert E. Latta | 18.6 | 222 |
| 6th | Bill Johnson | 22.5 | 88 |
| 7th | Steve Austria | 19.7 | 183 |
| 8th | John A. Boehner | 18.6 | 222 |
| 9th | Marcy Kaptur | 22.0 | 101 |
| 10th | Dennis J. Kucinich | 21.1 | 126 |
| 11th | Marcia L. Fudge | 24.3 | 55 |
| 12th | Patrick J. Tiberi | 17.3 | 265 |
| 13th | Betty Sutton | 17.4 | 262 |
| 14th | Steven C. LaTourette | 13.7 | 356 |
| 15th | Steve Stivers | 19.6 | 186 |
| 16th | James B. Renacci | 17.1 | 273 |
| 17th | Tim Ryan | 23.6 | 71 |
| 18th | Bob Gibbs | 23.8 | 65 |
| Oklahoma | | | |
| 1st | John Sullivan | 21.2 | 121 |
| 2nd | Dan Boren | 24.8 | 45 |
| 3rd | Frank D. Lucas | 21.1 | 126 |
| 4th | Tom Cole | 20.2 | 169 |
| 5th | James Lankford | 22.5 | 88 |
| Oregon | | | |
| 1st | David Wu | 16.8 | 284 |
| 2nd | Greg Walden | 21.2 | 121 |
| 3rd | Earl Blumenauer | 19.6 | 186 |
| 4th | Peter DeFazio | 20.8 | 142 |
| 5th | Kurt Schrader | 17.6 | 254 |
| Pennsylvania | | | |
| 1st | Robert A. Brady | 31.2 | 4 |
| 2nd | Chaka Fattah | 21.1 | 126 |
| 3rd | Mike Kelly | 18.1 | 240 |
| 4th | Jason Altmire | 13.1 | 366 |
| 5th | Glenn Thompson | 18.3 | 231 |
| 6th | Jim Gerlach | 12.6 | 378 |
| 7th | Patrick Meehan | 12.9 | 368 |
| 8th | Michael G. Fitzpatrick | 10.4 | 415 |
| 9th | Bill Shuster | 16.8 | 284 |
| 10th | Tom Marino | 16.9 | 281 |

| District | Representative | Food Hardship Rate 2009-2010 | National Rank |
|-----------------------|--------------------------------|---------------------------------|------------------|
| 11th | Lou Barletta | 18.3 | 231 |
| 12th | Mark S. Critz | 16.8 | 284 |
| 13th | Allyson Y. Schwartz | 12.2 | 388 |
| 14th | Michael F. Doyle | 19.6 | 186 |
| 15th | Charles W. Dent | 14.6 | 329 |
| 16th | Joseph R. Pitts | 12.4 | 384 |
| 17th | Tim Holden | 14.2 | 342 |
| 18th | Tim Murphy | 11.6 | 398 |
| 19th | Todd Russell Platts | 14.4 | 335 |
| Rhode Island | | | |
| 1st | David N. Cicilline | 18.4 | 226 |
| 2nd | James R. Langevin | 18.4 | 226 |
| South Carolina | | | |
| 1st | Tim Scott | 20.6 | 149 |
| 2nd | Joe Wilson | 21.5 | 114 |
| 3rd | Jeff Duncan | 22.9 | 81 |
| 4th | Trey Gowdy | 21.7 | 111 |
| 5th | Mick Mulvaney | 25.9 | 34 |
| 6th | James E. Clyburn | 27.9 | 14 |
| South Dakota | | | |
| At-Large | Kristi L. Noem | 14.5 | 331 |
| Tennessee | | | |
| 1st | David P. Roe | 24.0 | 60 |
| 2nd | John J. Duncan Jr. | 22.8 | 82 |
| 3rd | Charles J. "Chuck" Fleischmann | 24.1 | 58 |
| 4th | Scott DesJarlais | 26.8 | 28 |
| 5th | Jim Cooper | 17.9 | 245 |
| 6th | Diane Black | 22.1 | 97 |
| 7th | Marsha Blackburn | 15.0 | 322 |
| 8th | Stephen Lee Fincher | 27.3 | 22 |
| 9th | Steve Cohen | 25.8 | 35 |
| Texas | | | |
| 1st | Louie Gohmert | 22.2 | 95 |
| 2nd | Ted Poe | 21.8 | 106 |
| 3rd | Sam Johnson | 10.6 | 412 |
| 4th | Ralph M. Hall | 21.0 | 130 |
| 5th | Jeb Hensarling | 26.5 | 33 |
| 6th | Joe Barton | 20.3 | 161 |
| 7th | John Abney Culberson | 11.3 | 400 |
| 8th | Kevin Brady | 25.3 | 40 |
| 9th | Al Green | 24.2 | 57 |
| 10th | Michael T. McCaul | 14.0 | 348 |
| 11th | K. Michael Conaway | 17.7 | 250 |
| 12th | Kay Granger | 18.7 | 219 |
| 13th | Mac Thornberry | 20.3 | 161 |
| 14th | Ron Paul | 20.8 | 142 |
| 15th | Rubén Hinojosa | 21.7 | 111 |
| 16th | Silvestre Reyes | 21.0 | 130 |
| 17th | Bill Flores | 19.2 | 202 |
| 18th | Sheila Jackson Lee | 24.8 | 45 |
| 19th | Randy Neugebauer | 20.7 | 146 |
| 20th | Charles A. Gonzalez | 20.2 | 169 |
| 21st | Lamar Smith | 18.9 | 212 |
| 22nd | Pete Olson | 11.6 | 398 |
| 23rd | Francisco "Quico" Canseco | 17.7 | 250 |

| District | Representative | Food Hardship Rate 2009-2010 | National Rank |
|----------------------|----------------------------|---------------------------------|------------------|
| 24th | Kenny Marchant | 15.0 | 322 |
| 25th | Lloyd Doggett | 19.5 | 194 |
| 26th | Michael C. Burgess | 18.0 | 244 |
| 27th | Blake Farenthold | 21.0 | 130 |
| 28th | Henry Cuellar | 21.8 | 106 |
| 29th | Gene Green | 27.8 | 16 |
| 30th | Eddie Bernice Johnson | 25.5 | 38 |
| 31st | John R. Carter | 17.2 | 267 |
| 32nd | Pete Sessions | 23.5 | 72 |
| Utah | | | |
| 1st | Rob Bishop | 19.0 | 208 |
| 2nd | Jim Matheson | 16.8 | 284 |
| 3rd | Jason Chaffetz | 16.5 | 293 |
| Vermont | | | |
| At-Large | Peter Welch | 16.2 | 304 |
| Virginia | | | |
| 1st | Robert J. Wittman | 14.1 | 345 |
| 2nd | E. Scott Rigell | 14.5 | 331 |
| 3rd | Robert C. "Bobby" Scott | 23.5 | 72 |
| 4th | J. Randy Forbes | 18.4 | 226 |
| 5th | Robert Hurt | 20.0 | 175 |
| 6th | Bob Goodlatte | 19.1 | 204 |
| 7th | Eric Cantor | 15.1 | 321 |
| 8th | James P. Moran | 8.4 | 432 |
| 9th | H. Morgan Griffith | 23.4 | 74 |
| 10th | Frank R. Wolf | 11.0 | 404 |
| 11th | Gerald E. Connolly | 7.8 | 436 |
| Washington | | | |
| 1st | Jay Inslee | 10.7 | 409 |
| 2nd | Rick Larsen | 16.3 | 300 |
| 3rd | Jaime Herrera Beutler | 19.4 | 196 |
| 4th | Doc Hastings | 18.1 | 240 |
| 5th | Cathy McMorris Rodgers | 20.1 | 172 |
| 6th | Norman D. Dicks | 20.3 | 161 |
| 7th | Jim McDermott | 12.3 | 387 |
| 8th | David G. Reichert | 10.1 | 417 |
| 9th | Adam Smith | 18.7 | 219 |
| West Virginia | | | |
| 1st | David B. McKinley | 19.4 | 196 |
| 2nd | Shelley Moore Capito | 20.9 | 134 |
| 3rd | Nick J. Rahall II | 24.4 | 51 |
| Wisconsin | | | |
| 1st | Paul Ryan | 15.8 | 310 |
| 2nd | Tammy Baldwin | 13.8 | 354 |
| 3rd | Ron Kind | 12.7 | 375 |
| 4th | Gwen Moore | 23.0 | 79 |
| 5th | F. James Sensenbrenner Jr. | 9.2 | 423 |
| 6th | Thomas E. Petri | 13.6 | 358 |
| 7th | Sean P. Duffy | 14.8 | 326 |
| 8th | Reid J. Ribble | 15.3 | 314 |
| Wyoming | | | |
| At-Large | Cynthia M. Lummis | 15.3 | 314 |

Food Hardship 2009-2010 by Congressional District

| State | District | Representative | Food Hardship Rate 2009-2010 | National Rank |
|----------------|----------|-----------------------------|------------------------------|---------------|
| New York | 16th | José E. Serrano | 32.7 | 1 |
| North Carolina | 1st | G. K. Butterfield | 31.8 | 2 |
| Florida | 17th | Frederica S. Wilson | 31.7 | 3 |
| Pennsylvania | 1st | Robert A. Brady | 31.2 | 4 |
| Michigan | 14th | John Conyers Jr. | 30.0 | 5 |
| New York | 10th | Edolphus Towns | 29.7 | 6 |
| Alabama | 7th | Terri A. Sewell | 29.3 | 7 |
| California | 43rd | Joe Baca | 29.1 | 8 |
| California | 37th | Laura Richardson | 29.0 | 9 |
| Mississippi | 2nd | Bennie G. Thompson | 28.8 | 10 |
| Florida | 23rd | Alcee L. Hastings | 28.5 | 11 |
| Michigan | 13th | Hansen Clarke | 28.4 | 12 |
| Kentucky | 5th | Harold Rogers | 28.2 | 13 |
| California | 31st | Xavier Becerra | 27.9 | 14 |
| South Carolina | 6th | James E. Clyburn | 27.9 | 14 |
| Georgia | 12th | John Barrow | 27.8 | 16 |
| Illinois | 2nd | Jesse L. Jackson Jr. | 27.8 | 16 |
| New Jersey | 10th | Donald M. Payne | 27.8 | 16 |
| Texas | 29th | Gene Green | 27.8 | 16 |
| Louisiana | 2nd | Cedric L. Richmond | 27.7 | 20 |
| Mississippi | 1st | Alan Nunnelee | 27.6 | 21 |
| Tennessee | 8th | Stephen Lee Fincher | 27.3 | 22 |
| Indiana | 7th | André Carson | 27.2 | 23 |
| California | 18th | Dennis A. Cardoza | 27.1 | 24 |
| Alabama | 4th | Robert B. Aderholt | 27.0 | 25 |
| Arkansas | 4th | Mike Ross | 26.9 | 26 |
| California | 35th | Maxine Waters | 26.9 | 26 |
| Tennessee | 4th | Scott DesJarlais | 26.8 | 28 |
| Florida | 3rd | Corrine Brown | 26.7 | 29 |
| Louisiana | 3rd | Jeffrey M. Landry | 26.7 | 29 |
| Louisiana | 5th | Rodney Alexander | 26.7 | 29 |
| Mississippi | 4th | Steven M. Palazzo | 26.6 | 32 |
| Texas | 5th | Jeb Hensarling | 26.5 | 33 |
| South Carolina | 5th | Mick Mulvaney | 25.9 | 34 |
| Alabama | 3rd | Mike Rogers | 25.8 | 35 |
| Florida | 11th | Kathy Castor | 25.8 | 35 |
| Tennessee | 9th | Steve Cohen | 25.8 | 35 |
| Arkansas | 1st | Eric A. "Rick" Crawford | 25.5 | 38 |
| Texas | 30th | Eddie Bernice Johnson | 25.5 | 38 |
| Arizona | 4th | Ed Pastor | 25.3 | 40 |
| North Carolina | 10th | Patrick T. McHenry | 25.3 | 40 |
| Texas | 8th | Kevin Brady | 25.3 | 40 |
| Georgia | 4th | Henry C. "Hank" Johnson Jr. | 25.2 | 43 |
| Alabama | 1st | Jo Bonner | 25.1 | 44 |
| Alabama | 2nd | Martha Roby | 24.8 | 45 |
| North Carolina | 12th | Melvin L. Watt | 24.8 | 45 |
| Oklahoma | 2nd | Dan Boren | 24.8 | 45 |
| Texas | 18th | Sheila Jackson Lee | 24.8 | 45 |
| Kentucky | 1st | Ed Whitfield | 24.5 | 49 |
| Missouri | 5th | Emanuel Cleaver | 24.5 | 49 |
| Florida | 8th | Daniel Webster | 24.4 | 51 |
| Illinois | 4th | Luis V. Gutierrez | 24.4 | 51 |
| Kentucky | 2nd | S. Brett Guthrie | 24.4 | 51 |
| West Virginia | 3rd | Nick J. Rahall II | 24.4 | 51 |

| State | District | Representative | Food Hardship Rate 2009-2010 | National Rank |
|----------------|----------|--------------------------------|------------------------------|---------------|
| Georgia | 8th | Austin Scott | 24.3 | 55 |
| Ohio | 11th | Marcia L. Fudge | 24.3 | 55 |
| Texas | 9th | Al Green | 24.2 | 57 |
| Florida | 2nd | Steve Southerland II | 24.1 | 58 |
| Tennessee | 3rd | Charles J. "Chuck" Fleischmann | 24.1 | 58 |
| Arizona | 1st | Paul A. Gosar | 24.0 | 60 |
| North Carolina | 2nd | Renee L. Ellmers | 24.0 | 60 |
| Tennessee | 1st | David P. Roe | 24.0 | 60 |
| Georgia | 13th | David Scott | 23.9 | 63 |
| Georgia | 5th | John Lewis | 23.9 | 63 |
| California | 34th | Lucille Roybal | 23.8 | 65 |
| California | 41st | Jerry Lewis | 23.8 | 65 |
| New York | 7th | Joseph Crowley | 23.8 | 65 |
| North Carolina | 8th | Larry Kissell | 23.8 | 65 |
| Ohio | 18th | Bob Gibbs | 23.8 | 65 |
| North Carolina | 5th | Virginia Foxx | 23.7 | 70 |
| Ohio | 17th | Tim Ryan | 23.6 | 71 |
| Texas | 32nd | Pete Sessions | 23.5 | 72 |
| Virginia | 3rd | Robert C. "Bobby" Scott | 23.5 | 72 |
| Virginia | 9th | H. Morgan Griffith | 23.4 | 74 |
| Illinois | 1st | Bobby L. Rush | 23.3 | 75 |
| North Carolina | 6th | Howard Coble | 23.3 | 75 |
| Missouri | 8th | Jo Ann Emerson | 23.2 | 77 |
| Florida | 25th | David Rivera | 23.1 | 78 |
| Mississippi | 3rd | Gregg Harper | 23.0 | 79 |
| Wisconsin | 4th | Gwen Moore | 23.0 | 79 |
| South Carolina | 3rd | Jeff Duncan | 22.9 | 81 |
| California | 51st | Bob Filner | 22.8 | 82 |
| Tennessee | 2nd | John J. Duncan Jr. | 22.8 | 82 |
| California | 5th | Doris O. Matsui | 22.7 | 84 |
| Florida | 1st | Jeff Miller | 22.7 | 84 |
| Georgia | 2nd | Sanford D. Bishop Jr. | 22.7 | 84 |
| California | 38th | Grace F. Napolitano | 22.6 | 87 |
| Arizona | 7th | Raúl M. Grijalva | 22.5 | 88 |
| North Carolina | 7th | Mike McIntyre | 22.5 | 88 |
| Ohio | 6th | Bill Johnson | 22.5 | 88 |
| Oklahoma | 5th | James Lankford | 22.5 | 88 |
| California | 20th | Jim Costa | 22.4 | 92 |
| Georgia | 1st | Jack Kingston | 22.4 | 92 |
| New York | 15th | Charles B. Rangel | 22.3 | 94 |
| North Carolina | 11th | Heath Shuler | 22.2 | 95 |
| Texas | 1st | Louie Gohmert | 22.2 | 95 |
| Florida | 4th | Ander Crenshaw | 22.1 | 97 |
| Indiana | 2nd | Joe Donnelly | 22.1 | 97 |
| Indiana | 6th | Mike Pence | 22.1 | 97 |
| Tennessee | 6th | Diane Black | 22.1 | 97 |
| Florida | 6th | Cliff Stearns | 22.0 | 101 |
| Louisiana | 4th | John Fleming | 22.0 | 101 |
| Ohio | 9th | Marcy Kaptur | 22.0 | 101 |
| Arkansas | 3rd | Steve Womack | 21.9 | 104 |
| California | 25th | Howard P. "Buck" McKeon | 21.9 | 104 |
| Florida | 7th | John L. Mica | 21.8 | 106 |
| Georgia | 11th | Phil Gingrey | 21.8 | 106 |
| Nevada | 1st | Shelley Berkley | 21.8 | 106 |
| Texas | 28th | Henry Cuellar | 21.8 | 106 |

| State | District | Representative | Food Hardship Rate 2009-2010 | National Rank |
|----------------|----------|-------------------------|------------------------------|---------------|
| Texas | 2nd | Ted Poe | 21.8 | 106 |
| California | 2nd | Wally Herger | 21.7 | 111 |
| South Carolina | 4th | Trey Gowdy | 21.7 | 111 |
| Texas | 15th | Rubén Hinojosa | 21.7 | 111 |
| South Carolina | 2nd | Joe Wilson | 21.5 | 114 |
| California | 21st | Devin Nunes | 21.4 | 115 |
| Michigan | 5th | Dale E. Kildee | 21.3 | 116 |
| Michigan | 6th | Fred Upton | 21.3 | 116 |
| New Jersey | 13th | Albio Sires | 21.3 | 116 |
| New York | 17th | Eliot L. Engel | 21.3 | 116 |
| Ohio | 1st | Steve Chabot | 21.3 | 116 |
| Alabama | 5th | Mo Brooks | 21.2 | 121 |
| California | 19th | Jeff Denham | 21.2 | 121 |
| California | 28th | Howard L. Berman | 21.2 | 121 |
| Oklahoma | 1st | John Sullivan | 21.2 | 121 |
| Oregon | 2nd | Greg Walden | 21.2 | 121 |
| Maryland | 7th | Elijah E. Cummings | 21.1 | 126 |
| Ohio | 10th | Dennis J. Kucinich | 21.1 | 126 |
| Oklahoma | 3rd | Frank D. Lucas | 21.1 | 126 |
| Pennsylvania | 2nd | Chaka Fattah | 21.1 | 126 |
| Indiana | 8th | Larry Bucshon | 21.0 | 130 |
| Texas | 16th | Silvestre Reyes | 21.0 | 130 |
| Texas | 27th | Blake Farenthold | 21.0 | 130 |
| Texas | 4th | Ralph M. Hall | 21.0 | 130 |
| California | 33rd | Karen Bass | 20.9 | 134 |
| Kentucky | 3rd | John A. Yarmuth | 20.9 | 134 |
| Louisiana | 1st | Steve Scalise | 20.9 | 134 |
| Louisiana | 7th | Charles W. Boustany Jr. | 20.9 | 134 |
| Missouri | 4th | Vicky Hartzler | 20.9 | 134 |
| New York | 12th | Nydia M. Velázquez | 20.9 | 134 |
| Ohio | 3rd | Michael R. Turner | 20.9 | 134 |
| West Virginia | 2nd | Shelley Moore Capito | 20.9 | 134 |
| California | 45th | Mary Bono Mack | 20.8 | 142 |
| Georgia | 10th | Paul C. Broun | 20.8 | 142 |
| Oregon | 4th | Peter DeFazio | 20.8 | 142 |
| Texas | 14th | Ron Paul | 20.8 | 142 |
| Florida | 16th | Thomas J. Rooney | 20.7 | 146 |
| Missouri | 1st | Wm. Lacy Clay | 20.7 | 146 |
| Texas | 19th | Randy Neugebauer | 20.7 | 146 |
| Kentucky | 4th | Geoff Davis | 20.6 | 149 |
| New York | 6th | Gregory W. Meeks | 20.6 | 149 |
| North Carolina | 3rd | Walter B. Jones | 20.6 | 149 |
| South Carolina | 1st | Tim Scott | 20.6 | 149 |
| Colorado | 1st | Diana DeGette | 20.5 | 153 |
| Missouri | 7th | Billy Long | 20.5 | 153 |
| New York | 11th | Yvette D. Clarke | 20.5 | 153 |
| Arkansas | 2nd | Tim Griffin | 20.4 | 156 |
| California | 39th | Linda T. Sánchez | 20.4 | 156 |
| Georgia | 9th | Tom Graves | 20.4 | 156 |
| Maine | 2nd | Michael Michaud | 20.4 | 156 |
| New York | 13th | Michael G. Grimm | 20.4 | 156 |
| California | 44th | Ken Calvert | 20.3 | 161 |
| California | 49th | Darrell E. Issa | 20.3 | 161 |
| Indiana | 1st | Peter J. Visclosky | 20.3 | 161 |
| Indiana | 9th | Todd C. Young | 20.3 | 161 |

| State | District | Representative | Food Hardship Rate 2009-2010 | National Rank |
|----------------------|----------|------------------------|------------------------------|---------------|
| Kentucky | 6th | Ben Chandler | 20.3 | 161 |
| Texas | 13th | Mac Thornberry | 20.3 | 161 |
| Texas | 6th | Joe Barton | 20.3 | 161 |
| Washington | 6th | Norman D. Dicks | 20.3 | 161 |
| Florida | 5th | Richard B. Nugent | 20.2 | 169 |
| Oklahoma | 4th | Tom Cole | 20.2 | 169 |
| Texas | 20th | Charles A. Gonzalez | 20.2 | 169 |
| Indiana | 3rd | Marlin A. Stutzman | 20.1 | 172 |
| Michigan | 10th | Candice S. Miller | 20.1 | 172 |
| Washington | 5th | Cathy McMorris Rodgers | 20.1 | 172 |
| New Jersey | 1st | Robert E. Andrews | 20.0 | 175 |
| New Mexico | 3rd | Ben Ray Lujan | 20.0 | 175 |
| Virginia | 5th | Robert Hurt | 20.0 | 175 |
| District of Columbia | At-Large | Eleanor Holmes Norton | 19.9 | 178 |
| Florida | 24th | Sandy Adams | 19.9 | 178 |
| Georgia | 3rd | Lynn A. Westmoreland | 19.9 | 178 |
| Illinois | 3rd | Daniel Lipinski | 19.9 | 178 |
| Massachusetts | 2nd | Richard E. Neal | 19.8 | 182 |
| Louisiana | 6th | Bill Cassidy | 19.7 | 183 |
| New Mexico | 1st | Martin Heinrich | 19.7 | 183 |
| Ohio | 7th | Steve Austria | 19.7 | 183 |
| Idaho | 2nd | Michael K. Simpson | 19.6 | 186 |
| Illinois | 12th | Jerry F. Costello | 19.6 | 186 |
| Michigan | 3rd | Justin Amash | 19.6 | 186 |
| Michigan | 7th | Tim Walberg | 19.6 | 186 |
| Michigan | 8th | Mike Rogers | 19.6 | 186 |
| Ohio | 15th | Steve Stivers | 19.6 | 186 |
| Oregon | 3rd | Earl Blumenauer | 19.6 | 186 |
| Pennsylvania | 14th | Michael F. Doyle | 19.6 | 186 |
| Hawaii | 2nd | Mazie Hirono | 19.5 | 194 |
| Texas | 25th | Lloyd Doggett | 19.5 | 194 |
| California | 22nd | Kevin McCarthy | 19.4 | 196 |
| Florida | 12th | Dennis A. Ross | 19.4 | 196 |
| Kansas | 4th | Mike Pompeo | 19.4 | 196 |
| Washington | 3rd | Jaime Herrera Beutler | 19.4 | 196 |
| West Virginia | 1st | David B. McKinley | 19.4 | 196 |
| Missouri | 9th | Blaine Luetkemeyer | 19.3 | 201 |
| Ohio | 4th | Jim Jordan | 19.2 | 202 |
| Texas | 17th | Bill Flores | 19.2 | 202 |
| California | 1st | Mike Thompson | 19.1 | 204 |
| Michigan | 15th | John D. Dingell | 19.1 | 204 |
| New Jersey | 2nd | Frank A. LoBiondo | 19.1 | 204 |
| Virginia | 6th | Bob Goodlatte | 19.1 | 204 |
| California | 52nd | Duncan Hunter | 19.0 | 208 |
| Massachusetts | 8th | Michael E. Capuano | 19.0 | 208 |
| Nevada | 3rd | Joseph J. Heck | 19.0 | 208 |
| Utah | 1st | Rob Bishop | 19.0 | 208 |
| Arizona | 3rd | Benjamin Quayle | 18.9 | 212 |
| California | 7th | George Miller | 18.9 | 212 |
| Florida | 15th | Bill Posey | 18.9 | 212 |
| Texas | 21st | Lamar Smith | 18.9 | 212 |
| Michigan | 12th | Sander M. Levin | 18.8 | 216 |
| Michigan | 4th | Dave Camp | 18.8 | 216 |
| North Carolina | 13th | Brad Miller | 18.8 | 216 |
| Colorado | 7th | Ed Perlmutter | 18.7 | 219 |

| State | District | Representative | Food Hardship Rate 2009-2010 | National Rank |
|----------------|----------|---------------------------|------------------------------|---------------|
| Texas | 12th | Kay Granger | 18.7 | 219 |
| Washington | 9th | Adam Smith | 18.7 | 219 |
| New York | 28th | Louise McIntosh Slaughter | 18.6 | 222 |
| Ohio | 5th | Robert E. Latta | 18.6 | 222 |
| Ohio | 8th | John A. Boehner | 18.6 | 222 |
| Florida | 21st | Mario Diaz | 18.5 | 225 |
| Illinois | 7th | Danny K. Davis | 18.4 | 226 |
| New Mexico | 2nd | Stevan Pearce | 18.4 | 226 |
| Rhode Island | 1st | David N. Cicilline | 18.4 | 226 |
| Rhode Island | 2nd | James R. Langevin | 18.4 | 226 |
| Virginia | 4th | J. Randy Forbes | 18.4 | 226 |
| Alabama | 6th | Spencer Bachus | 18.3 | 231 |
| Arizona | 2nd | Trent Franks | 18.3 | 231 |
| Florida | 14th | Connie Mack | 18.3 | 231 |
| Michigan | 1st | Dan Benishek | 18.3 | 231 |
| Nevada | 2nd | Dean Heller | 18.3 | 231 |
| Pennsylvania | 11th | Lou Barletta | 18.3 | 231 |
| Pennsylvania | 5th | Glenn Thompson | 18.3 | 231 |
| California | 23rd | Lois Capps | 18.2 | 238 |
| Maryland | 2nd | C. A. Dutch Ruppersberger | 18.2 | 238 |
| Delaware | At-Large | John C. Carney Jr. | 18.1 | 240 |
| Michigan | 2nd | Bill Huizenga | 18.1 | 240 |
| Pennsylvania | 3rd | Mike Kelly | 18.1 | 240 |
| Washington | 4th | Doc Hastings | 18.1 | 240 |
| Texas | 26th | Michael C. Burgess | 18.0 | 244 |
| Nebraska | 2nd | Lee Terry | 17.9 | 245 |
| Tennessee | 5th | Jim Cooper | 17.9 | 245 |
| California | 17th | Sam Farr | 17.8 | 247 |
| Florida | 9th | Gus M. Bilirakis | 17.8 | 247 |
| Illinois | 19th | John Shimkus | 17.8 | 247 |
| Kansas | 2nd | Lynn Jenkins | 17.7 | 250 |
| New Jersey | 6th | Frank Pallone Jr. | 17.7 | 250 |
| Texas | 11th | K. Michael Conaway | 17.7 | 250 |
| Texas | 23rd | Francisco "Quico" Canseco | 17.7 | 250 |
| California | 32nd | Judy Chu | 17.6 | 254 |
| Missouri | 3rd | Russ Carnahan | 17.6 | 254 |
| North Carolina | 9th | Sue Wilkins Myrick | 17.6 | 254 |
| Oregon | 5th | Kurt Schrader | 17.6 | 254 |
| Florida | 20th | Debbie Wasserman Schultz | 17.5 | 258 |
| Idaho | 1st | Raúl R. Labrador | 17.5 | 258 |
| Illinois | 11th | Adam Kinzinger | 17.5 | 258 |
| Missouri | 6th | Sam Graves | 17.5 | 258 |
| Connecticut | 5th | Christopher S. Murphy | 17.4 | 262 |
| New York | 25th | Ann Marie Buerkle | 17.4 | 262 |
| Ohio | 13th | Betty Sutton | 17.4 | 262 |
| Florida | 10th | C. W. Bill Young | 17.3 | 265 |
| Ohio | 12th | Patrick J. Tiberi | 17.3 | 265 |
| Indiana | 4th | Todd Rokita | 17.2 | 267 |
| Massachusetts | 1st | John W. Olver | 17.2 | 267 |
| Minnesota | 5th | Keith Ellison | 17.2 | 267 |
| New Jersey | 8th | Bill Pascrell Jr. | 17.2 | 267 |
| New York | 24th | Richard L. Hanna | 17.2 | 267 |
| Texas | 31st | John R. Carter | 17.2 | 267 |
| California | 3rd | Daniel E. Lungren | 17.1 | 273 |
| Georgia | 7th | Rob Woodall | 17.1 | 273 |

| State | District | Representative | Food Hardship Rate 2009-2010 | National Rank |
|---------------|----------|-----------------------|------------------------------|---------------|
| Illinois | 16th | Donald A. Manzullo | 17.1 | 273 |
| New York | 21st | Paul Tonko | 17.1 | 273 |
| Ohio | 16th | James B. Renacci | 17.1 | 273 |
| Alaska | At-Large | Don Young | 17.0 | 278 |
| Arizona | 6th | Jeff Flake | 17.0 | 278 |
| Colorado | 3rd | Scott R. Tipton | 17.0 | 278 |
| California | 13th | Fortney Pete Stark | 16.9 | 281 |
| New York | 22nd | Maurice D. Hinchey | 16.9 | 281 |
| Pennsylvania | 10th | Tom Marino | 16.9 | 281 |
| New York | 29th | Tom Reed | 16.8 | 284 |
| Oregon | 1st | David Wu | 16.8 | 284 |
| Pennsylvania | 12th | Mark S. Critz | 16.8 | 284 |
| Pennsylvania | 9th | Bill Shuster | 16.8 | 284 |
| Utah | 2nd | Jim Matheson | 16.8 | 284 |
| California | 9th | Barbara Lee | 16.7 | 289 |
| Colorado | 4th | Cory Gardner | 16.6 | 290 |
| Maryland | 1st | Andy Harris | 16.6 | 290 |
| New York | 23rd | William L. Owens | 16.6 | 290 |
| Colorado | 5th | Doug Lamborn | 16.5 | 293 |
| Massachusetts | 4th | Barney Frank | 16.5 | 293 |
| New York | 2nd | Steve Israel | 16.5 | 293 |
| Utah | 3rd | Jason Chaffetz | 16.5 | 293 |
| Maryland | 4th | Donna F. Edwards | 16.4 | 297 |
| New Hampshire | 1st | Frank C. Guinta | 16.4 | 297 |
| Ohio | 2nd | Jean Schmidt | 16.4 | 297 |
| California | 53rd | Susan A. Davis | 16.3 | 300 |
| Florida | 13th | Vern Buchanan | 16.3 | 300 |
| Iowa | 5th | Steve King | 16.3 | 300 |
| Washington | 2nd | Rick Larsen | 16.3 | 300 |
| California | 47th | Loretta Sanchez | 16.2 | 304 |
| Illinois | 15th | Timothy V. Johnson | 16.2 | 304 |
| Vermont | At-Large | Peter Welch | 16.2 | 304 |
| Illinois | 17th | Robert T. Schilling | 16.1 | 307 |
| Minnesota | 8th | Chip Cravaack | 15.9 | 308 |
| Montana | At-Large | Dennis Rehberg | 15.9 | 308 |
| Wisconsin | 1st | Paul Ryan | 15.8 | 310 |
| New Hampshire | 2nd | Charles F. Bass | 15.7 | 311 |
| Kansas | 3rd | Kevin Yoder | 15.6 | 312 |
| Michigan | 11th | Thaddeus G. McCotter | 15.6 | 312 |
| Arizona | 8th | Gabrielle Giffords | 15.3 | 314 |
| California | 4th | Tom McClintock | 15.3 | 314 |
| Kansas | 1st | Tim Huelskamp | 15.3 | 314 |
| Wisconsin | 8th | Reid J. Ribble | 15.3 | 314 |
| Wyoming | At-Large | Cynthia M. Lummis | 15.3 | 314 |
| Maryland | 3rd | John P. Sarbanes | 15.2 | 319 |
| New York | 20th | Christopher P. Gibson | 15.2 | 319 |
| Virginia | 7th | Eric Cantor | 15.1 | 321 |
| Massachusetts | 3rd | James P. McGovern | 15.0 | 322 |
| Tennessee | 7th | Marsha Blackburn | 15.0 | 322 |
| Texas | 24th | Kenny Marchant | 15.0 | 322 |
| Maine | 1st | Chellie Pingree | 14.9 | 325 |
| New York | 27th | Brian Higgins | 14.8 | 326 |
| Wisconsin | 7th | Sean P. Duffy | 14.8 | 326 |
| Connecticut | 3rd | Rosa L. DeLauro | 14.7 | 328 |
| Nebraska | 3rd | Adrian Smith | 14.6 | 329 |

| State | District | Representative | Food Hardship Rate 2009-2010 | National Rank |
|----------------|----------|----------------------|------------------------------|---------------|
| Pennsylvania | 15th | Charles W. Dent | 14.6 | 329 |
| California | 10th | John Garamendi | 14.5 | 331 |
| Connecticut | 1st | John B. Larson | 14.5 | 331 |
| South Dakota | At-Large | Kristi L. Noem | 14.5 | 331 |
| Virginia | 2nd | E. Scott Rigell | 14.5 | 331 |
| California | 11th | Jerry McNerney | 14.4 | 335 |
| Florida | 22nd | Allen B. West | 14.4 | 335 |
| Illinois | 8th | Joe Walsh | 14.4 | 335 |
| Pennsylvania | 19th | Todd Russell Platts | 14.4 | 335 |
| California | 16th | Zoe Lofgren | 14.3 | 339 |
| California | 29th | Adam B. Schiff | 14.3 | 339 |
| Maryland | 5th | Steny H. Hoyer | 14.3 | 339 |
| Florida | 19th | Theodore E. Deutch | 14.2 | 342 |
| North Carolina | 4th | David E. Price | 14.2 | 342 |
| Pennsylvania | 17th | Tim Holden | 14.2 | 342 |
| Massachusetts | 9th | Stephen F. Lynch | 14.1 | 345 |
| Nebraska | 1st | Jeff Fortenberry | 14.1 | 345 |
| Virginia | 1st | Robert J. Wittman | 14.1 | 345 |
| California | 26th | David Dreier | 14.0 | 348 |
| Colorado | 6th | Mike Coffman | 14.0 | 348 |
| Illinois | 18th | Aaron Schock | 14.0 | 348 |
| Minnesota | 4th | Betty McCollum | 14.0 | 348 |
| Texas | 10th | Michael T. McCaul | 14.0 | 348 |
| New York | 26th | Vacant | 13.9 | 353 |
| Illinois | 9th | Janice D. Schakowsky | 13.8 | 354 |
| Wisconsin | 2nd | Tammy Baldwin | 13.8 | 354 |
| Massachusetts | 10th | William R. Keating | 13.7 | 356 |
| Ohio | 14th | Steven C. LaTourette | 13.7 | 356 |
| California | 27th | Brad Sherman | 13.6 | 358 |
| Wisconsin | 6th | Thomas E. Petri | 13.6 | 358 |
| Iowa | 1st | Bruce L. Braley | 13.5 | 360 |
| Iowa | 3rd | Leonard Boswell | 13.5 | 360 |
| Iowa | 2nd | David Loebsack | 13.4 | 362 |
| Massachusetts | 6th | John F. Tierney | 13.4 | 362 |
| New Jersey | 3rd | Jon Runyan | 13.4 | 362 |
| Indiana | 5th | Dan Burton | 13.3 | 365 |
| Illinois | 14th | Randy Hultgren | 13.1 | 366 |
| Pennsylvania | 4th | Jason Altmire | 13.1 | 366 |
| Connecticut | 2nd | Joe Courtney | 12.9 | 368 |
| Illinois | 5th | Mike Quigley | 12.9 | 368 |
| Minnesota | 7th | Collin C. Peterson | 12.9 | 368 |
| New York | 4th | Carolyn McCarthy | 12.9 | 368 |
| Pennsylvania | 7th | Patrick Meehan | 12.9 | 368 |
| California | 6th | Lynn C. Woolsey | 12.8 | 373 |
| Minnesota | 6th | Michele Bachmann | 12.8 | 373 |
| California | 24th | Elton Gallegly | 12.7 | 375 |
| New York | 19th | Nan A. S. Hayworth | 12.7 | 375 |
| Wisconsin | 3rd | Ron Kind | 12.7 | 375 |
| California | 40th | Edward R. Royce | 12.6 | 378 |
| Colorado | 2nd | Jared Polis | 12.6 | 378 |
| Massachusetts | 5th | Niki Tsongas | 12.6 | 378 |
| Pennsylvania | 6th | Jim Gerlach | 12.6 | 378 |
| Minnesota | 1st | Timothy J. Walz | 12.5 | 382 |
| New York | 5th | Gary L. Ackerman | 12.5 | 382 |
| New Jersey | 4th | Christopher H. Smith | 12.4 | 384 |

| State | District | Representative | Food Hardship Rate 2009-2010 | National Rank |
|---------------|----------|----------------------------|------------------------------|---------------|
| New York | 1st | Timothy H. Bishop | 12.4 | 384 |
| Pennsylvania | 16th | Joseph R. Pitts | 12.4 | 384 |
| Washington | 7th | Jim McDermott | 12.3 | 387 |
| Maryland | 6th | Roscoe G. Bartlett | 12.2 | 388 |
| Pennsylvania | 13th | Allyson Y. Schwartz | 12.2 | 388 |
| California | 46th | Dana Rohrabacher | 12.1 | 390 |
| New Jersey | 9th | Steven R. Rothman | 12.1 | 390 |
| Florida | 18th | Ileana Ros | 12.0 | 392 |
| Illinois | 6th | Peter J. Roskam | 12.0 | 392 |
| Arizona | 5th | David Schweikert | 11.9 | 394 |
| California | 8th | Nancy Pelosi | 11.9 | 394 |
| Massachusetts | 7th | Edward J. Markey | 11.8 | 396 |
| Hawaii | 1st | Colleen W. Hanabusa | 11.7 | 397 |
| Pennsylvania | 18th | Tim Murphy | 11.6 | 398 |
| Texas | 22nd | Pete Olson | 11.6 | 398 |
| California | 48th | John Campbell | 11.3 | 400 |
| Michigan | 9th | Gary C. Peters | 11.3 | 400 |
| Texas | 7th | John Abney Culberson | 11.3 | 400 |
| Missouri | 2nd | W. Todd Akin | 11.2 | 403 |
| New York | 3rd | Peter T. King | 11.0 | 404 |
| Virginia | 10th | Frank R. Wolf | 11.0 | 404 |
| Minnesota | 3rd | Erik Paulsen | 10.9 | 406 |
| Iowa | 4th | Tom Latham | 10.8 | 407 |
| New York | 8th | Jerrold Nadler | 10.8 | 407 |
| California | 30th | Henry A. Waxman | 10.7 | 409 |
| Illinois | 13th | Judy Biggert | 10.7 | 409 |
| Washington | 1st | Jay Inslee | 10.7 | 409 |
| Connecticut | 4th | James A. Himes | 10.6 | 412 |
| Texas | 3rd | Sam Johnson | 10.6 | 412 |
| North Dakota | At-Large | Rick Berg | 10.5 | 414 |
| New Jersey | 12th | Rush D. Holt | 10.4 | 415 |
| Pennsylvania | 8th | Michael G. Fitzpatrick | 10.4 | 415 |
| New Jersey | 5th | Scott Garrett | 10.1 | 417 |
| Washington | 8th | David G. Reichert | 10.1 | 417 |
| Minnesota | 2nd | John Kline | 10.0 | 419 |
| California | 50th | Brian P. Bilbray | 9.7 | 420 |
| California | 36th | Jane Harman | 9.6 | 421 |
| California | 42nd | Gary G. Miller | 9.5 | 422 |
| California | 14th | Anna G. Eshoo | 9.2 | 423 |
| Wisconsin | 5th | F. James Sensenbrenner Jr. | 9.2 | 423 |
| New York | 9th | Anthony D. Weiner | 9.0 | 425 |
| California | 15th | Michael M. Honda | 8.9 | 426 |
| Georgia | 6th | Tom Price | 8.9 | 426 |
| Maryland | 8th | Chris Van Hollen | 8.9 | 426 |
| New Jersey | 7th | Leonard Lance | 8.9 | 426 |
| New York | 18th | Nita M. Lowey | 8.8 | 430 |
| New York | 14th | Carolyn B. Maloney | 8.5 | 431 |
| Virginia | 8th | James P. Moran | 8.4 | 432 |
| California | 12th | Jackie Speier | 8.2 | 433 |
| Illinois | 10th | Robert J. Dold | 8.2 | 433 |
| New Jersey | 11th | Rodney P. Frelinghuysen | 7.9 | 435 |
| Virginia | 11th | Gerald E. Connolly | 7.8 | 436 |