



Sample Website blurb:

Take Action to Protect Immigrant Families

Tell the Department of Homeland Security (DHS) that you oppose the [proposed public charge rule](#) because it would dramatically increase hunger and food insecurity among immigrant families. The proposed rule would force immigrant families – including families with U.S. citizen children – to choose between permanent legal status (a “green card”) and their ability to access basic needs like healthy food, safe housing, and health care. [Submit your comment](#) today to tell DHS how this rule would spike hunger in our nation, and that it should be withdrawn.

(You may also want to feature the below graphic, which can be found [here.](#))

Family or Food?

**No one should have
to choose.**

**Submit a comment to #ProtectFamilies
at [FRAC.org/publiccharge](https://www.frac.org/publiccharge).**

